

Bulletin

WINTER 2022



CURRENT NEWS AND TRAINING CALENDAR FROM BCCRC

Infant Toddler Services Expand!

Help is Here!

Beginning in January, Sue Penix, will become BCCRC's FULL TIME Infant & Toddler Coach. Sue is excited to take on this role and to support you in your work with our youngest learners.

Providing early care and education for infants and toddlers is both demanding and rewarding. As the Infant & Toddler Coach, Sue is available to help ensure that your program is of the highest quality and meets the needs of your little ones. Working as a partner with early care and education providers, Sue can provide environmental design ideas that promote positive social emotional development, assist in building relationships with families and the community, model developmentally appropriate caregiving as well as advise on curriculum, lesson planning and daily activities to engage your little ones during a time of rapid developmental changes.

As the Infant & Toddler Coach, Sue will facilitate monthly Community of Practice meetings on Infant & Toddler topics via Zoom. By participating in the Community of Practice you are eligible to receive a PAU towards your Maryland Child Care Credential, as well as on going professional development opportunities on Infant & Toddler topics which can be found here in the calendar.



The Family Tree
Baltimore City
Child Care
Resource Center



FREE Quarterly INFANT & TODDLER Professional Development COMBO Opportunity – Once a calendar period you will have the opportunity to partner with Sue by attending and Infant and Toddler training and a Community of Practice Meeting related to the training topic. In doing so you will receive a 1-hour one-on-one consultation, either in person or virtually, with Sue regarding your infants and toddlers. The New Year COMBO will take place in January. The topic will be The Importance of Block Play for Babies. For additional information and to register, contact Sue on 410-889-2300, extension 1273, or by email spenix@bccrc.org.

(continued on page 2)

Raising families up.

24-hour Parenting Helpline: 1.800.243.7337

2108 North Charles Street
Baltimore, MD 21218
410-889-2300
familytreemd.org

Bulletin

WINTER 2022

Infant Toddler Services Expand

(continued from page 1)

New – Infant & Toddler Learning Lending Library is now available. Materials may be borrowed for up to two weeks. Contact Sue for information on Lending Library Themes, and for any other information or services on infant and toddler care and education. Again, Sue can be reached by email, spenix@bccrc.org, or by phone 410-889-2300, extension 1273.



Looking for Training? Need Assistance?

Just open the camera on your phone, focus it on the QR code above and you will automatically be connected with BCCRC's website (<https://familytreemd.org/bccrc/>) If you would like a free magnet with the QR on it please contact Jennifer Lentz at jlentz@familytreemd.org.

Feeling Frazzled?

BCCRC's Infant and Early Childhood Mental Health Consultants Are Here to Help!

Being a child care professional does not come without frustration. Infant and Early Childhood Mental Health Consultants are here to support you. They can lend a listening ear and be an ongoing support for social emotional and behavioral learning in your program. The service is free, the consultants are available to visit your program, bring visual supports, and discuss ideas to help all children thrive while in your care. Don't hesitate to reach out, contact Suzanne and Tova to learn more or get started today.

Suzanne Funk

sfunk@familytreemd.org

410-889-2300 ext. 1275

Tova Hoicowitz

thoicowitz@familytreemd.org

410-889-2300 ext. 1276

SAVE THE DATE

Emotional Wellness Conference

Great news! The Emotional Wellness Conference will be held on Saturday, April 2nd. For the first time, the conference will be virtual but will continue to offer six-hours of Core of Knowledge professional development.

The 2022 Conference theme is "Promoting Equity and Anti-Bias Education in the Early Years". The conference will kick off with a keynote address by Alvin Irby, a former kindergarten teacher turned award-winning social entrepreneur, international speaker, comedian, author and founder of Barbershop Books, a non-profit organization that promotes literacy in underserved communities.

The conference will be an all-day event, beginning at 8:30 am and ending at 4:00 pm. The conference brochure and registration information will be sent via e-mail in early February, so please watch your email and make certain that your email address is current with Locate.

Saying Goodbye and Best Wishes

It is with very mixed emotions that we inform you that after twenty-four years with the Maryland Child Care Resource Network, Carol Powers has resigned her position with BCCRC to take on a new opportunity. To say that Carol will be greatly missed is an understatement. She has a unique ability to connect with all of you in the child care community and has provided valuable services to you. In addition, she has been a treasured part of the BCCRC staff.

Looking for Affordable Health Care Insurance?

As a childcare provider you may qualify for low premium plans through the health care marketplace. The enrollment period has been extended to January 15, 2022. Navigators can offer virtual or in-person education about the Maryland Health Connection. You can find a navigator to assist you by calling the numbers below or going to the website. Baltimore City Residents are served by HealthCare Access Maryland. The phone numbers for HealthCare Access Maryland are: 410-500-4710 or 855-288-3667 (Toll Free) and their web address is: <https://www.healthcareaccessmaryland.org/how-we-help/health-insurance/>



January 2022

WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 New Year's Day
2	3	4	5	6	7	8 Medication Administration
9	10	11	12	13 Successful Relationships Begin with You	14	15 The Changing Face of Childcare NEW
16	17 Martin Luther King, Jr. Day	18	19 Baby Blocks — Helping Infants & Toddlers Grow NEW	20	21	22 Respecting ALL Family Structures NEW Why Do Toddlers Bite?
23	24	25	26 Using Art to Heal Trauma	27	28	29 Open Ended Art for the Preschool Child Child Development and Developmental Delays
30	31					

To register online, go to <https://familytreemd.org/bccrc/>



ALL CLASSES WILL BE HELD VIRTUALLY UNLESS MARKED IN RED. SEE COURSE DESCRIPTIONS FOR DETAILS.

Raising families up.

24-hour Parenting Helpline: 1.800.243.7337

2108 North Charles Street
Baltimore, MD 21218
410-889-2300
familytreemd.org

Training Descriptions January 2022

To register, click on the course title in blue.

Course and Date:	Course Description:	Topic and Cost:
<p>Medication Administration (In person) Saturday, January 8 9:00 a.m. — 3:30 p.m.</p>	<p><i>Note: This class will be held at the Julie Center- 100 S Washington St, Baltimore, MD 21231</i> This class fulfills the MSDE/OCC requirement for all childcare professionals.</p>	<p>6 hours Health, Safety & Nutrition \$60.00; Must pre-register</p>
<p>Successful Relationships Begin with You Thursday, January 13 6:00 p.m. — 9:00 p.m.</p>	<p>Why are relationships so important? Think about how often you are able to give one on one attention to a child and what that means to them. In this class you will learn how to embed social interactions for children into their day. Discover strategies to teach social skills and how to develop safe secure relationships with the children in your care.</p>	<p>3 hours Professionalism \$25.00; Must pre-register</p>
<p>The Changing Face of Childcare (NEW) Saturday, January 15 9:00 a.m. — 11:00 a.m.</p>	<p>As changes in the daily operations in Child Care continue to evolve, we will review the ways that Child Care has had to adapt to the world around us. We have had to adapt to the ongoing changes that offering Child Care including our cleaning protocols, how we socialize using social distancing and cohorts and how we engage with parents.</p>	<p>2 hours Health, Safety & Nutrition \$22.00; Must pre-register</p>
<p>Baby Blocks-Helping Infants & Toddlers Grow (NEW) Wednesday, January 19 6:00 p.m. — 9:00 p.m.</p>	<p>Playing with blocks is timeless. Block play provides endless opportunities for the enhancement and development of emerging skills in infants and toddlers. This workshop looks at the stages of block play and how to develop strategies to support your youngest learners through block play.</p>	<p>3 hours Curriculum \$25.00; Must pre-register</p>
<p>Respecting ALL Family Structures (NEW) Saturday, January 22 9:00 a.m. — 11:00 a.m.</p>	<p>Family structures have moved away from the traditional nuclear family. In this workshop you will learn about different family structures that you may encounter in your program. You will also explore ways to make all children and their families welcome in your program.</p>	<p>2 hours Community \$22.00; Must pre-register</p>
<p>Why Do Toddlers Bite? Saturday, January 22 9:00 a.m. — 11:00 a.m.</p>	<p>You will learn how to approach, problem solve and develop strategies for biting in the classroom. You will also learn strategies on how to communicate with parents during biting situations.</p>	<p>2 hours Child Development \$22.00; Must pre-register</p>
<p>Simple Strategies for Staying Healthy During Trying Times Wednesday, January 26 6:00 p.m. — 8:00 p.m.</p>	<p>During these trying times deep, thoughtful, intentional self-care is critical for every professional in the early care and education field. In this workshop you will learn strategies to help you take care of yourself.</p>	<p>2 hours Professionalism \$22.00; Must pre-register</p>
<p>Open Ended Art for the Preschool Child Saturday, January 29 9:00 a.m. — 12:00 p.m.</p>	<p>Art engages children's hands, minds, emotions and helps develop valuable cognitive, socio-emotional and multisensory skills. This course is designed for teachers to learn to identify the many developmental skills children can master through open-ended art activities, and how self-directed art fosters brain development, creativity and self-esteem- inclusive for all early art learners.</p>	<p>3 hours Curriculum \$25.00; Must pre-register</p>
<p>Child Development and Developmental Delays Saturday, January 29 9:00 a.m. — 11:00 a.m.</p>	<p>You will be presented with information on how to distinguish the difference between typical and atypical child development. You will leave with information on how to implement accommodations and modifications to better work with children with developmental delays and resources to utilize when development is atypical. Additionally, you will learn strategies for working with children exhibiting typical development in order to further strengthen their development.</p>	<p>1 hour Child Development, 1 hour Special Needs \$22.00; Must pre-register</p>

February 2022

WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 Take a Look in a Book NEW	3	4	5 Healthy Children Through Nutrition and Physical Activity Medication Administration
6	7	8	9	10	11	12 Making Meaningful Connections: Building the Foundation of the Young Brain
13	14	15	16 Basic Health & Safety Training with Supporting Breastfeeding in Child Care	17	18	19 Rethinking the Environment to Spark Curiosity Using Creative Containers NEW
20	21 President's Day	22	23 Creating Culturally Rich Environments with Loose Parts	24	25	26 All Children are Gifted
27	28					

To register online, go to <https://familytreemd.org/bccrc/>



ALL CLASSES WILL BE HELD VIRTUALLY UNLESS MARKED IN RED. SEE COURSE DESCRIPTIONS FOR DETAILS.

Raising families up.

24-hour Parenting Helpline: 1.800.243.7337

2108 North Charles Street
Baltimore, MD 21218
410-889-2300
familytreemd.org

Training Descriptions February 2022

To register, click on the course title in blue.

Course and Date:	Course Description:	Topic and Cost:
Medication Administration (In person) Saturday, February 5 9:00 a.m. — 3:30 p.m.	<p>Note: This class will be held at the Julie Center-100 S Washington St, Baltimore, MD 21231</p> <p>This class fulfills the MSDE/OCC requirement for all childcare professionals.</p>	6 hours Health, Safety & Nutrition \$60.00; Must pre-register
Take a Look in a Book [NEW] Wednesday, February 2 6:00 p.m. — 8:00 p.m.	<p>In this training you will learn how language-rich interactions and environments helps infants and toddlers develop communication skills, patience, empathy, and literacy—all of which are critical to success in school and beyond.</p>	2 hours Curriculum \$22.00; Must pre-register
Healthy Children Through Nutrition and Physical Activity Saturday, February 5 9:00 a.m. — 12:00 p.m.	<p>This training will help you to be better informed about the food choices, how to prepare a balanced, healthy menu, and creative movement activities to do throughout the day to increase the physical fitness levels of children in their care.</p>	3 hours Health, Safety & Nutrition \$25.00; Must pre-register
Making Meaningful Connections: Building the Foundation of the Young Brain Saturday, February 12 9:00 a.m. — 12:00 p.m.	<p>This interactive training will build participants' knowledge around how a young child's brain develops between the ages of birth through five. You will actively engage in "building a brain", explore the importance of developing their own capacity, and learn specific strategies and interactions that grow healthy brains. After engaging with the content of this training, you will have a better understanding of the core components used to support the growth of all learners.</p>	1 hour Child Development, 1 hour Professionalism, 1 hour Special Needs \$25.00; Must pre-register
Basic Health and Safety Training with Supporting Breastfeeding in Child Care Wednesday, February 16 6:00 p.m. — 9:00 p.m.	<p><i>This class fulfills the MSDE requirement for basic health and safety training.</i></p>	3 hours Health, Safety & Nutrition \$25.00; Must pre-register
Rethinking the Environment to Spark Curiosity Using Creative Containers NEW Saturday, February 19 9:00 a.m. — 11:00 a.m.	<p>What if the primary job of containers in the classroom was not to just hold the materials within, but to spark children's interests and engagement with their contents. This workshop focuses creating an engaging environment sparking children's interest through creative use of unconventional containers.</p>	2 hours Curriculum \$22.00; Must pre-register
Creating Culturally Rich Environments with Loose Parts Wednesday, February 23 6:00 p.m. — 9:00 p.m.	<p>Young children are naturally curious about the people and places in their world, beginning with their family and local community. Creating an environment filled with loose parts that encourages exploration of their local culture and its people is an important component of early education.</p>	3 hours Community \$25.00; Must pre-register
All Children are Gifted Saturday, February 26 9:00 a.m. — 11:00 a.m.	<p>Understanding the special needs of children prepares child development professionals to create environments and programs for the children in their care. In this workshop you will learn many of the ways that all children are gifted.</p>	2 hours Special Needs \$22.00; Must pre-register

March 2022

WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 Cultural Competency in Early Childhood Education NEW	3	4	5 Nurturing Brain Development Working with Mixed Age Groups Medication Administration
6	7	8	9	10	11	12 Cross-Cultural Support for Grieving Children and Families NEW Taking Good Care of You!
13	14	15	16	17 Big Anxiety, Small Child NEW	18	19 Sensory Play for Infants and Toddlers
20	21	22	23 R.E.S.P.E.C.T. — What Infants and Toddlers Want NEW	24	25	26 Introduction to NAFCC Accreditation
27	28	29	30 Including All Children and the Americans with Disabilities Act	31		

To register online, go to <https://familytreemd.org/bccrc/>



ALL CLASSES WILL BE HELD VIRTUALLY UNLESS MARKED IN RED. SEE COURSE DESCRIPTIONS FOR DETAILS.

Raising families up.

24-hour Parenting Helpline: 1.800.243.7337

2108 North Charles Street
Baltimore, MD 21218
410-889-2300
familytreemd.org

Training Descriptions **March 2022**

To register, click on the course title in **blue**.

Course and Date:	Course Description:	Topic and Cost:
Medication Administration (In person) Saturday, March 5 9:00 a.m. — 3:30 p.m.	Note: This class will be held at the Julie Center-100 S Washington St, Baltimore, MD 21231 This class fulfills the MSDE/OCC requirement for all childcare professionals.	6 hours Health, Safety & Nutrition \$60.00; Must pre-register
Working Together: The Importance of Community Helpers in Our Daily Lives Tuesday, June 15 6:00 p.m. — 8:00 p.m.	In this training you will learn how language-rich interactions and environments helps infants and toddlers develop communication skills, patience, empathy, and literacy—all of which are critical to success in school and beyond.	2 hours Curriculum \$22.00; Must pre-register
Cultural Competency in Early Childhood Education [NEW] Wednesday, March 2 6:00 p.m. — 9:00 p.m.	Participants will explore different topics relating to culture and cultural competence in early childhood programs. By engaging in self-reflection and small group discussion, participants will create plans to enhance relationships and increase inclusive practices.	1.5 hours Community, 1.5 hours Professionalism \$25.00; Must pre-register
Nurturing Brain Development Saturday, March 5 9:00 a.m. — 12:00 p.m.	In this workshop we will look at the science of infant brain development and focus on caring techniques that promote brain development, social emotional development and communication.	3 hours Child Development \$25.00; Must pre-register
Cross-Cultural Support for Grieving Children and Families [NEW] Saturday, March 12 9:00 a.m. — 12:00 p.m.	We will cover practical information about supportive things to say and do for children and adults who are grieving. Please note: This workshop may be emotionally triggering for some. If you have recently experienced a loss, you may want to consider attending an alternative workshop.	3 hours Child Development \$25.00; Must pre-register
Taking Good Care of You Saturday, March 12 9:00 a.m. — 12:00 p.m.	What if the primary job of containers in the classroom was not to just hold the materials within, but to spark children's interests and engagement with their contents. This workshop focuses creating an engaging environment sparking children's interest through creative use of unconventional containers.	3 hours Health, Safety & Nutrition \$25.00; Must pre-register
Big Anxiety, Small Child [NEW] Thursday, March 17 6:00 p.m. — 9:00 p.m.	This training will introduce participants to anxiety and how this disorder impacts young children. Participants will learn what normal behavior is and what warrants a referral. Educators will leave with a toolkit of ideas and strategies to assist preschool children who may have anxiety.	3 hours Special Needs \$25.00; Must pre-register
Sensory Play for Infants and Toddlers Saturday, March 19 9:00 a.m. — 11:00 a.m.	Sensory play enables infants and toddlers to scaffold learning, building on prior experiences. Providers will learn how to use non-traditional everyday sensory items to create discovery baskets to scaffold memory and enhance brain development in Infants and Toddlers.	2 hours Curriculum \$22.00; Must pre-register
R.E.S.P.E.C.T. – What Infants and Toddlers Want [NEW] Wednesday, March 23 6:00 p.m. — 8:00 p.m.	Participants will enhance their relationships and interactions with infants and toddlers in their care by learning to engage in respectful exchanges with children; and to recognize each child as a unique individual.	2 hours Child Development \$22.00; Must pre-register
Introduction to NAFCC Accreditation Saturday, March 26 9:00 a.m. — 11:00 a.m.	An introduction to the process and standards for family child care providers to complete the NAFCC Accreditation process.	2 hours Professionalism \$22.00; Must pre-register
Including All Children and the Americans w/ Disabilities Act Wednesday, March 30 6:00 p.m. — 9:00 p.m.	This class fulfills the MSDE requirement for all childcare professionals.	3 hours Special Needs \$25.00; Must pre-register



Important Registration Policies

When registering for training classes at BCCRC please remember the following:

- **Pre-registration is required. Registration and payment must be received three days in advance of the training.**
- **Registration fees are non-refundable. With 24-hour prior notice you may transfer to another class or receive a credit for a future training class, except for Medication Administration.**
- Registration is on a first come, first served basis. If your registration is received after a workshop has reached capacity you will be notified immediately and your payment will be returned.
- A confirmation letter will be sent for all classes — please read your letter carefully. You will not receive reminder cards for each class.
- Payment can be made by check, money order or credit card. **No cash please.**
- Presence at the entire workshop constitutes attendance. Out of respect for our trainers and all of those in attendance, no one will be admitted to a training session that has been in progress for fifteen minutes or more.
- Workshops are for adults only. Please make child care arrangements in advance — children will not be admitted to a training class.
- Reasonable accommodations are offered, if needed. Please call the Resource Center one week in advance to request accommodations.

TO REGISTER FOR CLASSES:

- Register with credit card on-line at www.bccrc.org. To receive a registration form via email contact Jennell Bailey at jbailey@familytreemd.org.
- Remember — registrations must be received at BCCRC three days prior to the scheduled training.

Important Telephone Numbers and Contacts

Baltimore City Child Care Resource Center

Main Number.....410-889-2300
 LOCATE:ChildCare(tollfree).....1-877-261-0060
 FAX.....410-685-2100

Other Agencies

Office of Child Care – Region II.....410-554-8300
 MDStateDepartmentofEducation.....410-767-0100
 OfficeofChildCare:CredentialBranch.....1-866-243-8796
 CCSProvider Helpline (toll free).....1-866-243-8796
 Protective Services.....410-361-2235
 Medical Assistance/WIC.....410-396-9427
 ChildCareFoodProgram.....410-767-0214
 MarylandFamilyNetwork.....410-659-7701
 Maryland State Child Care Association (MSCCA)
 Christina Peusch, Executive Director.....410-820-9196
 MSCCA, Baltimore City Chapter
 Jennifer Dorsey, President.....443-835-0738
 Baltimore Child Care Coalition
 Email.....baltimorechildcarecoalition@gmail.com
 TheFamilyTree.....410-889-2300
 24-hourParentingHelpline:.....1-800-243-7337



Bulletin

For more information about any of the articles in this newsletter, call BCCRC at 410-889-2300, mention the article and we will direct your call to the BCCRC staff member who can help you.

E-mail us at:

childcare@bccrc.org

Our mailing address is:

The Family Tree —
 BCCRC
 2108 N. Charles Street
 Baltimore, MD 21218

Our fax number is:

410-685-2100



The Baltimore City Child Care Resource Center is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network and The Family Tree.