

Bulletin

FALL 2020



CURRENT NEWS AND TRAINING CALENDAR FROM BCCRC

Into the Unknown

What Back to School in 2020 means for everyone.

For the past twenty-eight years BCCRC's fall newsletter was all about the excitement of a new school year, all the hope and promise that a new school year brings. As with every aspect of life in 2020 the anticipation of a new school year has brought a completely different set of emotions, with anxiety and fear of the unknown replacing hope and promise!

As the newsletter is being written we await announcements from the local school system regarding what schools will look like for the 2020 – 2021 school year. While the Governor and Superintendent of Schools have announced that all child care may reopen, many programs, both family and center based, remain closed at this time and those that have reopened are not yet caring for children. The beginning of the current school year looks completely different from anything that we have experienced in our lifetimes.

Please know that the BCCRC staff is working diligently to provide individual and group support, professional development opportunities, and resources to assist you now and in the months ahead.



**The Family Tree
Baltimore City
Child Care
Resource Center**



For programs that are reopening, a series of informational materials have been developed to assist you with everything from the modification of policies and procedures, to the day you welcome children and families back to your program. Technical assistance specialists are available to work with you

remotely until the time that current restrictions on in-person visits are lifted. You might consider seeking assistance with a rewrite of your policies and procedures, staff and family handbooks, or environmental design.

For children, staff, and families experiencing social emotional difficulties due to anxiety from the changes to the world, the Early Intervention Program Consultants are available to provide resources, virtual consultation, and ongoing support. In addition, the EIP consultants will begin hosting a monthly support session, Working Together. For information see article on page 2.

For individuals seeking professional development opportunities, the September and October calendars are included in the Newsletter. You will find a full array of classes to choose from, all being offered virtually and at reduced cost. Although MSDE is currently permitting small face-to-face training classes, the Maryland Child Care Resource Network, of which BCCRC is a

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The Unknown

(continued from page 1)

member, continues to believe that safety is paramount at this time so all classes will remain in the virtual format at least through October and possibly through 2020.

For programs working on Maryland EXCELS or towards accreditation, the BCCRC Technical Assistance staff is available to assist you with program improvement goals, document preparation, and support. For those individuals who are applying for the Maryland Child Care Credential for the first time, or those who are in need of PAUs, the staff is available to assist you!

Things may look very different this September but please know that the BCCRC staff will continue to provide the services that you need in order to meet the challenges, stay safe, and provide the best programming for young children in the state!

Infant Toddler Teachers Earn PAUs!

If you are an infant toddler teacher in a Baltimore City child care center here is an opportunity designed just for you!

Beginning in August a monthly Infant Toddler Teacher Group Meeting will be held to discuss issues, share ideas, and support one another who work with the “babies” in a child care setting.

Naturally, the meetings will be “virtual” and teachers who participate can earn 1 PAU for your Maryland Child Care Credential with each meeting attended.

Sessions will be held from 6:30pm to 7:30pm on the following dates with topics identified as:

- August 18, 2020: Viewing Trauma Through Infant & Toddler Eyes
- September 22, 2020: Designing Outdoor Classrooms for Infants & Toddlers
- October 15, 2020: Transitions for Infants & Toddlers

To join in on a meeting, go to Zoom and enter the following:

Meeting ID: 829 2698 7912

Passcode: 262021

If you would like more information contact Sue Penix, spenix@familytreemd.org.

Coming in January 2021!!

ZERO TO THREE's Critical Competencies Training for Infants and Toddlers

The Critical Competencies Online Course is composed of 13 modules, in the areas of Social and Emotional Development, Cognitive Development and Language and Literacy Development. All courses use observation, modeling of best practice, critical thinking, and reflection on one's own practice to facilitate and support knowledge and skill building.

The modules are designed for educators who work in either home-based or center-based group settings with children under three years of age.

The modules will be offered in a virtual format and will begin in January 2021.

Added bonus! If you are credentialed at a level 2 or higher you will be able to apply your training voucher funds to offset the cost of the training.

Want more information?

Please contact Jennifer Lentz at jlentz@familytreemd.org

Need Assistance?

Join the Early Intervention Project “Working Together” Support Group

The EIP team invites you to join a support system created for child care providers to share practical and creative ideas related to caring for children. Zoom groups will be held on the 4th Thursday of each month between 7 pm and 8 pm. If you would like to suggest a topic or have a specific question, feel free to send an email in advance to Suzanne at sfunk@familytreemd.org or Tova at thoicowitz@familytreemd.org. You will also be welcome to just share during the group.

The group sessions will begin in late August and will be hosted on the Zoom Meeting platform. The meeting login and ID will remain the same for all sessions.

The first three Working Together meetings will be held as follows: Dates & Topics

August 27, 2020: What behaviors may occur as children return to child care programs.

September 24, 2020: How can I manage these challenging behaviors

October 22, 2020: Ask an Expert: Dr. Barbara Love will join us to answer questions about assessments, diagnoses, IEPs, advocating for children and more.

All sessions will be held from 7:pm to 8:pm using the Zoom login information below:

<https://us02web.zoom.us/j/86986816989>

Meeting ID: 86986816989



Maryland Child Care Resource Network Complaint Policy

Every member agency of the Maryland Child Care Resource Network strives to provide high quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is our mission to ensure that every interaction with staff at the Child Care Resource Centers is positive and professional.

If you have concerns about an incident or some aspect of service at a Child Care Resource Center, please contact the director/manager directly. Contact information for these individuals can be found here (<https://marylandfamilynetwork.org/for-providers/find-your-child-care-resource-center>).

If you are not satisfied with the way your concern is handled by the director/manager at the Child Care Resource Center, please contact Maryland Family Network at 410-659- 7701 or at MCCRInfo@marylandfamilynetwork.org. As the Statewide Coordinating Entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.

Locate Complaint Policy

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well.

Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined:

Less Serious Complaint — No Violation: complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child.

Less Serious Complaint Involving Violation: complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations, and/or the Health Department which do not pose a threat to the health, safety or welfare of a child.

Serious Complaint: any threat to the immediate health, safety, or welfare of a child. When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided.

When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the “hold” on the provider/facility until the agency’s disposition of the complaint is known. Should the investigation result in no action, the “hold” status is removed from that provider’s/facility’s records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE’s actions in writing.

A provider may appeal the LOCATE Director’s decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network.

It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable. Safeguards and due process are afforded to the care givers in the files, and parents’ and children’s rights to safety are addressed, as well. Any questions on this policy should be addressed to FloJean Speck, Director, LOCATE: Child Care at 410-659-7701.



Important Telephone Numbers and Contacts

Baltimore City Child Care Resource Center

Main Number.....410-889-2300
 LOCATE: Child Care (toll free).....1-877-261-0060
 FAX.....410-685-2100

Other Agencies

Office of Child Care – Region II.....410-554-8300
 MD State Department of Education.....410-767-0100
 Office of Child Care: Credential Branch.....1-866-243-8796
 CCS Provider Helpline (toll free).....1-866-243-8796
 Protective Services.....410-361-2235
 Medical Assistance/WIC.....410-396-9427
 Child Care Food Program.....410-767-0214
 Maryland Family Network.....410-659-7701
 Maryland State Child Care Association (MSCCA)
 Christina Peusch, Executive Director.....410-820-9196
 MSCCA, Baltimore City Chapter
 Jennifer Dorsey, President.....443-835-0738
 Baltimore Child Care Coalition
 Email.....baltimorechildcarecoalition@gmail.com
 The Family Tree.....410-889-2300
 24-hour Parenting Helpline:.....1-800-243-7337

September 2020

WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9 The Benefits of Play	10 Basic Health and Safety	11	12 More Than Twinkle/Twinkle: Using Music with Infants and Toddlers
13	14	15 FCC Pre-service: Child Development Pt. 1	16 Teaching Parents About School Readiness	17 But It's Mine: Redirecting Toddlers (Developing Social Emotional Competence) FCC Pre-service: Child Development, Pt. 2	18	19 You Can Do This! Accomodating All Children in Your Program
20	21	22 FCC Pre-service Curriculum, Pt. 1	23 Discover STEM	24 What to Do? Ethics in Early Childhood Education FCC Pre-service Curriculum, Pt. 2	25	26 Nutrition and Wellness in Child Care
27	28	29 FCC Pre-service Health, Safety, and Nutrition, Pt. 1	30			

To register online, go to www.bccrc.org.



**ALL CLASSES WILL BE
HELD VIRTUALLY**

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Training Descriptions September 2020

The Benefits of Play

We know that children learn through play. In this workshop, participants will enhance their knowledge of the purpose of play by looking at the latest research. If you want to learn more or rediscover the purpose behind the learning activities we plan for the children, come and join us.

Topic: Child Development

Date: September 9

Time: 6:00 p.m. — 8:00 p.m.

Fee: \$15; Must pre-register

Basic Health and Safety

This class fulfills the MSDE requirement for basic health and safety training.

Topic: Health, Safety, & Nutrition

Date: September 10

Time: 6:00 p.m. — 9:00 p.m.

Fee: \$15; Must pre-register

More Than Twinkle, Twinkle: Using Music with Infants and Toddlers

Music and movement is a fun way to help infants and toddlers increase vocabulary, and build muscle tone and social connections. This workshop explores the many ways in which music and movement for infants and toddlers can be incorporated into classroom as well as individualizing music and movement to meet the needs of individual children in your program.

Topic: Curriculum

Date: September 12

Time: 9:00 a.m. — 12:00 p.m.

Fee: \$15; Must pre-register

Family Child Care Pre-service Module 1 — Child Development

This workshop will cover basic child development concepts including: stages of child growth and development; an overview of leading child development theorists; and an overview of learning differences.

Topic: Child Development

Date: Tuesday, September 15
& Thursday, September 17

Time: 10:00 a.m. — 12:00 p.m.

Fee: \$20; Must pre-register

Teaching Parents About School Readiness

This training will teach techniques to actively create meaningful family engagement in the school readiness process. The information will allow early care professionals to help families be more familiar with all areas of school readiness including self-help skills, gross motor skills, language and speech skills, thinking skills, as well as social/emotional skills.

Topic: Community

Date: September 16

Time: 6:00 p.m. — 8:00 p.m.

Fee: \$15; Must pre-register

But It's Mine: Redirecting Toddlers (Developing Social Emotional Competencies)

Caregivers intentionally teaching social emotional skills throughout the daily routines, produces many positive outcomes for children. This workshop will present a definition of social emotional skills and presents benefits of promoting social emotional skills. Participants will be introduced to teaching strategies and engage in a “teaching laboratory” to develop tools to use and an action plan for how they will use their tools and strategies.

Topic: 1.5 hours Child Development;
1.5 hours Curriculum

Date: September 17

Time: 6:00 p.m. — 9:00 p.m.

Fee: \$15; Must pre-register

You Can Do This! Accommodating All Children in Your Program

This workshop session provides an overview of the characteristics of inclusive child care and ways caregivers can support different needs for different children. Participants will discuss and develop ideas for identifying program modifications and accommodations for children who have special needs or disabilities.

Topic: Special Needs

Date: September 19

Time: 9:00 a.m. — 12:00 p.m.

Fee: \$15; Must pre-register

Family Child Care Pre-service Module 2 — Curriculum

Through this workshop participants will develop a better understanding of the components of a family child care curriculum; how to create a developmentally appropriate curriculum for family child care; and how to plan and design the family child care environment.

Topic: Curriculum

Date: Tuesday, September 22
& Thursday, September 24

Time: 10:00 a.m. — 12:00 p.m.

Fee: \$20; Must pre-register

Discover STEM!

STEM focuses on student's engagement and skills from the earliest grades in science, math and technology to help foster interest for their later school years and careers. The ultimate goal is to grow the proficiency level of students in sciences and mathematics. This workshop introduces participants to STEM and its importance as well as relevance in early childhood programs.

Topic: Curriculum

Date: September 23

Time: 6:00 p.m. — 8:00 p.m.

Fee: \$15; Must pre-register

What to Do? Ethics and the Early Childhood Educator

As an early childhood educator, your actions and words impact children, their families, your colleagues, the community, and society. A knowledge of ethics and the NAEYC Code of Ethical Conduct provides the guidance all early childhood educators need to be caring and competent professionals.

Topic: Professionalism

Date: September 24

Time: 6:00 p.m. — 9:00 p.m.

Fee: \$15; Must pre-register

Nutrition and Wellness in Child Care

In this workshop participants will learn about: How to help children develop healthy eating habits, food safety for child care providers, recognizing food allergies and food intolerances, activities to get children moving and developing policies and procedures that support healthy eating and movement activities.

Topic: Health, Safety, & Nutrition

Date: September 26

Time: 9:00 a.m. — 12:00 p.m.

Fee: \$15; must pre-register

Family Child Care Pre-service Module 3 — Health, Safety and Nutrition

This workshop will focus on the components of emergency preparedness, menu planning, and on health and safety concerns when caring for young children.

Topic: Health, Safety, & Nutrition

Date: Tuesday, September 29
& Thursday, October 1

Time: 10:00 a.m. — 12:00 p.m.

Fee: \$20; Must pre-register

October 2020

WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 FCC Pre-service: Health, Safety, and Nutrition, Pt. 2	2	3
4	5	6 FCC Pre-service: Special Needs, Pt. 1	7 Including All Children and the Americans with Disabilities Act (ADA)	8 FCC Pre-service: Special Needs, Pt. 2	9	10 Bottoms Up! Tummy Time Fun
11	12	13 FCC Pre-service: Professionalism, Pt. 1	14 Understanding Attention Defecit Hyperactivity Disorder	15 FCC Pre-service: Professionalism, Pt. 2	16	17 Time for Referral: Tips for Talking with Families
18	19	20 FCC Pre-service: Community, Pt. 1	21 Math and Science Board Books for Babies	22 FCC Pre-service: Community, Pt. 2	23	24 Managing Stress at Any Age
25	26	27	28 Treat Yourself	29	30	31 Culturally Diverse Classroom

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Training Descriptions

October 2020

Family Child Care Pre-service Module 4 — Special Needs

This workshop will cover basic information regarding inclusive child care; the ADA requirements; and health, behavioral, and developmental issues and concerns.

Topic: Special Needs
Date: Tuesday, October 6
& Thursday, October 8
Time: 10:00 a.m. — 12:00 p.m.
Fee: \$20; Must pre-register

Including All Children and the Americans with Disabilities Act (ADA)

This class fulfills the MSDE requirement for all child care professionals.

Topic: Special Needs
Date: October 7
Time: 6:00 p.m. — 9:00 p.m.
Fee: \$15; Must pre-register

Bottoms Up! Tummy Time Fun

Tummy time is easy to implement in any child care setting and is critically important to supporting healthy infant development and preventing a number of infant disorders. Knowing about the importance of tummy time and how it can be implemented throughout the day, teachers can incorporate prone positioning in their classrooms and conversations with parents which in turn will help with the growth and development of infants.

Topic: Child Development
Date: October 10
Time: 9:00 a.m. — 12:00 p.m.
Fee: \$15; Must pre-register

Family Child Care Pre-service Module 5 — Professionalism

This workshop will give participants the opportunity to explore and understand the importance of specific concepts and practices that will lay the foundation for a successful program including: supervision, abuse & neglect, appropriate guidance, record keeping, marketing, contracts, policies & procedures, and developing handbooks.

Topic: Professionalism
Date: Tuesday, October 13
& Thursday, October 15
Time: 10:00 a.m. — 12:00 p.m.
Fee: \$20; Must pre-register

Understanding Attention Deficit Hyperactivity Disorder

Participants will gain an understanding of ADHD/ADD behaviors, diagnosis procedures and strategies for overcoming challenging behaviors from children with ADHD/ADD.

Topic: Special Needs
Date: October 14
Time: 6:00 p.m. — 9:00 p.m.
Fee: \$15; Must pre-register

Time for Referral: Tips for Talking with Families

You've completed the developmental screenings on the children in your care—now what? It is always best practice to discuss score results, whether or not there are concerns, with the child's parents to learn about the child's development and promote healthy behavior and development. This workshop will give providers strategies for talking with parents especially if there are concerns about a child's development and/or the need for a referral.

Topic: Community
Date: October 17
Time: 9:00 a.m. — 11:00 a.m.
Fee: \$15; Must pre-register

Family Child Care Pre-service Module 6 — Community

This workshop will focus on the importance of developing and maintaining relationships with children, families, and the larger community.

Topic: Community
Date: Tuesday, October 20
& Thursday, October 22
Time: 10:00 a.m. — 12:00 p.m.
Fee: \$20; Must pre-register

Math and Science Board Books for Babies

Infants and toddlers are naturally curious about the world around them. They can begin to develop an understanding of pre-math and pre-science skills with the help of board books.

Topic: Curriculum
Date: October 21
Time: 6:00 p.m. — 8:00 p.m.
Fee: \$15; Must pre-register

Managing Stress at Any Age

This training is designed to increase participants' knowledge of stress and how to manage its symptoms. This training introduces participants to "good" and "bad" stress as well as other types of stress such as acute stress and post traumatic stress disorder, and participants will learn initial signs and symptoms of each type of stress. The participants will also be able to examine the similarities and differences of stress in infants, toddlers, preschool children, school-aged children, adolescents and adults.

Topic: 2 hours Health, Safety, & Nutrition;
1 hour Professionalism
Date: October 24
Time: 9:00 a.m. — 12:00 p.m.
Fee: \$15; Must pre-register

Treat Yourself!

This training addresses the importance of self-care for teachers and administrators. Through self-reflective, hands-on activities and experiences, teachers will explore and increase their familiarity with best practices in self-care, including breathing techniques, using mantras, getting enough rest, and feeling gratitude. Providers and administrators will create a plan to increase the use of self-care strategies in their program.

Topic: 1 hour Professionalism;
1 hour Special Needs
Date: October 28
Time: 6:00 p.m. — 8:00 p.m.
Fee: \$15; Must pre-register

Activities for the Culturally Diverse Classroom

This training will teach participants important implications for early childhood education and how they should develop clear objectives/goals for their instruction in order to select the best activities for children from culturally diverse backgrounds. This training will also teach participants how they can embrace the philosophy of lifelong learning regarding different cultures in order to improve their ethos in the support for diversity.

Topic: 1 hour Child Development;
1 hour Curriculum
Date: October 31
Time: 9:00 a.m. — 12:00 p.m.
Fee: \$15; Must pre-register



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BCCRC at the Family Tree

Continuing to serve the early care and education community through trying times.

Bulletin

For more information about any of the articles in this newsletter, call BCCRC at 410-889-2300, mention the article and we will direct your call to the BCCRC staff member who can help you.

E-mail us at:
childcare@bccrc.org

Our mailing address is:
 The Family Tree —
 BCCRC
 2108 N. Charles Street
 Baltimore, MD 21218

Our fax number is:
 410-685-2100



MARYLAND
 FAMILY
 NETWORK

The Baltimore City Child Care Resource Center is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network and The Family Tree.

Important Registration Policies

When registering for training classes at BCCRC please remember the following:

- **Pre-registration is required. Registration and payment must be received three days in advance of the training.**
- **Registration fees are non-refundable. With 24-hour prior notice you may transfer to another class or receive a credit for a future training class, except for Medication Administration.**
- Registration is on a first come, first served basis. If your registration is received after a workshop has reached capacity you will be notified immediately and your payment will be returned.
- A confirmation letter will be sent for all classes — please read your letter carefully. You will not receive reminder cards for each class.
- Payment can be made by check, money order or credit card. **No cash please.**
- Presence at the entire workshop constitutes attendance. Out of respect for our trainers and all of those in attendance, no one will be admitted to a training session that has been in progress for fifteen minutes or more.
- Workshops are for adults only. Please make child care arrangements in advance — children will not be admitted to a training class.
- Reasonable accommodations are offered, if needed. Please call the Resource Center one week in advance to request accommodations.

TO REGISTER FOR CLASSES:

- Register with credit card on-line at www.bccrc.org or send an email to Jennell Bailey at jbailey@familytreemd.org
- Remember — registrations must be received at BCCRC three days prior to the scheduled training.