As an early care and education professional in Maryland, you have access to many quality initiatives which provide numerous benefits from increasing your earning potential to obtaining a two-year or four-year college degree on scholarship. Following is information on initiatives that are available to all family and center based child care programs and the individuals who provide care and education for young children.

MARYLAND CHILD CARE CREDENTIAL
The Maryland Child Care Credential Program recognizes individual child care providers who increase their qualifications beyond the requirements of state licensing and registration regulations.

There are six staff credential levels and four administrator levels offering various recognition of achievement based on a child care provider’s professional development/education, and years of experience plus professional activities.

INCENTIVES
Achievement Bonuses
Upon successful completion of the requirements, staff will be awarded a one-time only achievement bonus for credential levels two through four and administrator level one.

Bonuses are awarded annually at staff levels four plus, five and six and administrator credential levels two, three and four.

Training Vouchers and Reimbursement
Depending upon available funding, child care providers participating in the Credential Program at Level Two or higher are eligible for training vouchers or reimbursement for approved training.

During each 12 months of participation, up to $400 is available to program participants to pay for the cost of additional training needed to complete the training plan.

Vouchers may be issued for approved COK training, conferences, pre-service and college coursework.

Child Care Career and Professional Development Fund (CCCPDF)
The CCCPDF is a tuition assistance program for child care providers to obtain a college education at participating colleges/universities in Maryland.

(Continued on page 2)

Inside this Issue!
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Training Registration Form Inside!
Important Telephone Numbers and Contacts

**Baltimore City Child Care Resource Center**
Main Number: 410-685-5150
LOCATE: Child Care (toll free): 1-877-261-0060
FAX: 410-685-2100

**Other Agencies**
Office of Child Care – Region II: 410-554-8300
MD State Department of Education: 410-767-0100
Office of Child Care: Credential Branch: 1-866-243-8796
MSDE Early Childhood Education Help Desk: 1-877-605-1539
CCS Provider Helpline (toll free): 1-866-243-8796
Protective Services: 410-361-2235
Medical Assistance/WIC: 410-396-9427
Child Care Food Program: 410-767-0214
 Maryland Family Network: 410-659-7701
Maryland State Child Care Association (MSCCA)
Christina Peusch, Executive Director: 410-820-9196
MSCCA, Baltimore City Chapter
Jennifer Dorsey, President: 443-835-0738
Bernice Diggs, Director to MSFCCA: 410-325-1227

**MARYLAND EXCELS**
From October 1, 2018 through September 30, 2019, bonuses will be paid to Maryland EXCELS participating programs upon first-time publication of a quality rating 1 through 5, and for programs republishing a quality rating 5. For programs achieving the Check Level 3 or higher, child care subsidy payments will increase under Tiered Reimbursement.

Learn more by visiting marylandexcels.org/bonus

**CHILD CARE SUBSIDY**
The Child Care Subsidy (CCS) Program provides financial assistance with child care costs to eligible working families in Maryland. The program is managed through a centralized vendor -- Child Care Subsidy Central (CCS Central). All licensed child care programs in Maryland are eligible to participate in the subsidy program. Both reimbursement rates for child care providers and income rates for families have increased in the fiscal year.

Learn more by visiting earlychildhood.marylandpublicschools.org/child-care-subsidy-program.

For additional information on, or assistance with, any or all of the quality initiatives call BCCRC Technical Assistance Specialists on 410-685-5150, extension 272, 258, or 256.

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**Exciting News on eLearning!**
The Maryland Child Care Resource Network, of which BCCRC is a member, has many online training opportunities for early care and education professionals. We are happy to announce that the 90 Hour Preschool Course has just been added to the course catalog. For additional information go to http:www.smarthorizons.org/landing/MFNB/.

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**Being Involved In MSDE Quality Initiatives**

(Continued from page 1)
Funding is available for child care providers to earn a college degree in the following areas: Early Childhood Education, Child Development, Elementary Education and Special Education.

Learn more by visiting https://earlychildhood.marylandpublicschools.org/child-care-providers/office-child-care/credentialing-branch/child-care-credential-program

**Infant and Toddler Care**
Beginning in January two classes per month will be held that focus on developmentally appropriate and quality care for infants and toddlers enrolled in child care centers and family child care homes. The classes have been thoughtfully planned and paired to provide infant and toddler teachers with ideas and insights to enhance the programming for the youngest children in a child care setting. Register for two or more infant toddler classes and receive two for the price of one! In addition to the classes the Infant and Toddler Specialist will offer group session opportunities, or individual TA sessions, to support best practices in infant and toddler care.

**January 15 & 26 —**
Story Stretchers for Infants and Toddlers and Hands-On-Art for Twos

**February 6 & 20 —**
Sensory Play for Infants and Toddlers and Math and Science Board Books

**March 13 —**
More than Twinkle, Twinkle: Using Music with Infants and Toddlers

**April 13 and 27 —**
Know, Love, Teach Infants and Toddlers

See the calendar pages for time, fees, and registration information.
On November 3, 2018, two-hundred early care and education professionals attend BCCCRC’s 15th Annual Emotional Wellness Conference. Held at John Hopkins University, Charles Commons Conference Center. The day was filled with a wealth of information intended to promote emotional wellness in young children. Our thanks to all who attended.

Good News at Tax Time

Two Hefty Credits Help Working Families

Working families can put extra cash in their pockets at tax time by claiming the Earned Income Credit (EIC). The EIC is a tax provision that allows eligible taxpayers to reduce their tax burden.

Families may qualify for the federal and state EIC, if, in 2018, they:

• were raising one child and earned less than $40,320; or less than $45,802 if married.
• were raising two children and earned less than $45,802; or $51,492, if married.
• were raising three or more children and earned less than $49,194; or $54,884 if married.
• had no children, earned less than $15,270; or $20,950 if married.

The EIC is the biggest tax benefit for working families, but there are other important tax credits. The Child and Dependent Care Tax Credit, gives families with child care expenses up to $3,000 for one child or up to $6,000 for two or more children.

To learn the location of free tax preparation sites, run by well-trained community volunteers, or to get more information on the tax credits, please call 1-800-638-2937 or visit the Maryland EITC web site at www.marylandtaxes.gov

News from the Child Care Associations Serving Baltimore City

Beginning in the spring of 2019, Baltimore City Child Care Coalition will offer Credential Clinics in various locations throughout the city. The Credential Clinic will be a two to three hour group session where you will be able to complete your Maryland Child Care Credential Application packet, have all your documentation copied and scanned, and have your application submitted. All of this will take place in a supportive and collegial environment that will leave you with a sense of accomplishment and some new friends!

For further information please e-mail the Coalition at baltimorechildcarecoalition@gmail.com.

BCCCRC, in partnership with CSEECC, will be hosting a monthly Director’s Hour beginning in February 2019. This will be an informal opportunity to network with other Baltimore City early care and education professionals. A special guest will be invited to join us each month. Drinks and dessert will be provided, just bring your bag lunch. The current schedule is as follows:

February 12 —
Sherry Tsigounis, Manager, Office of Child Care Region 2
March 5 —
Christine Peusch, Executive Director, Maryland State Child Care Association
April 9 —
Speaker to be announced
May 14 —
Speaker to be announced
June 18 —
Speaker to be announced

Meetings will be held from 12:30 pm to 1:30 pm at BCCCRC 1001 Eastern Avenue, 2nd floor, Baltimore 21202

Free parking available on street for up to three hours

Please RSVP to Jennifer Dorsey at 443-835-0738 or jдорожепчонц@яйхоо.com.

Like us on Facebook for latest updates!

Become a “friend” and receive the latest news and information from the Resource Center.
# BALTIMORE CITY CHILD CARE RESOURCE CENTER

## January 2019

### WORKSHOP TRAINING SESSIONS

To register, fill out the enclosed form or go to www.bcccrc.org to register online.

<table>
<thead>
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<th>SUNDAY</th>
<th>MONDAY</th>
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<td>It’s the Questions, Not the Answers</td>
<td>FCCP: Child Development</td>
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1001 Eastern Avenue, 2nd Floor
Baltimore, MD  21202
Office: 410-685-5150
Fax: 410-685-2100
Training Descriptions
January 2019

Medication Administration (All)
In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infants, toddlers, and preschool children. This class fulfills the MSDE/OCC requirement.

- **Topic:** 6 hours Health, Safety & Nutrition
- **Date:** Saturday, January 12
- **Time:** 9:00 a.m. — 3:30 p.m.
- **Fee:** $60; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

Story Stretchers for Infants and Toddlers
Tired of winter? Spruce up your library with winter themed books for youngsters! Infants and toddlers are naturally curious about the world around them. They can begin to develop an understanding of pre-math and pre-science skills with the help of winter themed board books.

- **Topic:** 2 hours, Curriculum
- **Date:** Tuesday, January 15
- **Time:** 6:30 p.m. — 8:30 p.m.
- **Fee:** $22.00; Must pre-register

Healthy Children through Nutrition and Physical Activity
Start off the New Year with healthy eating and physical activity. This class will explore the current approach to the nutrition and physical activity of children in Child Care; using the 2010 Dietary Guidelines for Americans, the Choose My Plates Campaign, and the Let’s Move! Child Care Initiative.

- **Topic:** 3 hours, Health, Safety & Nutrition
- **Date:** Thursday, January 17
- **Time:** 6:15 p.m. — 9:15 p.m.
- **Fee:** $25.00; Must pre-register

**IMPORTANT:** This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215

Who’s Coming to Your Program? (NEW!)
In this workshop we will explore ideas for creating a welcoming environment that focuses on diversity.

- **Topic:** 3 hours, Community
- **Date:** Wednesday, January 23
- **Time:** 6:15 p.m. — 9:15 p.m.
- **Fee:** $25.00; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

Hands-On Art for Two’s
Beat the winter blues with new art ideas! Art exploration with open ended materials provides countless opportunities for children to develop fine motor skills, social emotional skills, emerging perceptual-motor skills as well as pre-reading and writing skills. This workshop explores a variety of open ended art experiences which are age and developmentally appropriate for the young child.

- **Topic:** 3 hours, Curriculum
- **Date:** Saturday, January 26
- **Time:** 9:00 a.m. — 12:00 p.m.
- **Fee:** $25; Must pre-register

Put Your Thinking Cap On: The Executive Function of the Mind in Early Childhood (NEW!)
Everything you wanted to know about executive function but were afraid to ask! In this workshop we will learn how executive functions relates to self-regulation and how to reframe activities to help support executive function and school readiness in your program.

- **Topic:** 3 hours, Child Development
- **Date:** Monday, January 28
- **Time:** 6:15 p.m. — 9:15 p.m.
- **Fee:** $25.00; Must pre-register

It’s the Questions, Not the Answers
Participants will learn how to encourage STEM learning and foster children’s innate curiosity by using the Inquiry Teaching Model. Providers will reflect on what they are already doing and how they can increase their language and ability to support children with STEM learning.

- **Topic:** 2 hours, Child Development
- **Date:** Wednesday, January 30
- **Time:** 6:30 p.m. — 8:30 p.m.
- **Fee:** $22.00; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

Family Child Care Pre-service Module 1 — Child Development
This workshop will cover basic child development concepts including: stages of child growth and development; an overview of leading child development theorists; and an overview of learning differences.

- **Topic:** 4 hours Child Development
- **Date:** Thursday, January 31
- **Time:** 9:00 a.m. — 1:00 p.m.
- **Fee:** $30 or $160 for all six modules; Must pre-register

**Sponsored by:**
Maryland Family Network, the Maryland Association for the Education of Young Children, the Maryland Head Start Association, the Maryland School Age Child Care Alliance, the Maryland State Child Care Association, and the Maryland State Family Child Care Association
### Workshop Training Sessions

**February 2019**

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<th>SUNDAY</th>
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To register, fill out the enclosed form or go to www.bcccrc.org to register online.
<table>
<thead>
<tr>
<th>Module 2 — Curriculum</th>
<th>Topic:</th>
<th>4 hours Curriculum</th>
<th>Date:</th>
<th>Tuesday, February 5</th>
<th>Time:</th>
<th>9:00 a.m. — 1:00 p.m.</th>
<th>Fee:</th>
<th>$30/ or $160 for all six modules;</th>
<th>Must pre-register</th>
</tr>
</thead>
</table>

**Sensory Play for Infants and Toddlers**

“Spice up” your curriculum with the five senses! Sensory play enables infants and toddlers to scaffold learning, building on prior experiences. Providers will learn how to use non-traditional everyday sensory items to create discovery baskets to scaffold memory and enhance brain development in infants and toddlers.

<table>
<thead>
<tr>
<th>Topic:</th>
<th>2 hours, Curriculum</th>
<th>Date:</th>
<th>Wednesday, February 6</th>
<th>Time:</th>
<th>6:30 p.m. — 8:30 p.m.</th>
<th>Fee:</th>
<th>$22.00; Must pre-register</th>
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</table>

**Medication Administration (All)**

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infants, toddlers, and preschool children. This class fulfills the MSDE/OCC requirement.

<table>
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<tr>
<th>Topic:</th>
<th>6 hours Health, Safety &amp; Nutrition</th>
<th>Date:</th>
<th>Saturday, February 9</th>
<th>Time:</th>
<th>9:00 a.m. — 3:30 p.m.</th>
<th>Fee:</th>
<th>$60; Must pre-register</th>
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</thead>
</table>

**Time for Referral: Tips for Talking with Families (NEW!)**

You have completed developmental screenings, now what? It is always best practice to discuss score results, whether or not there are concerns, with the child’s parents to learn about the child’s development and promote healthy behavior and development. This workshop will give providers strategies for talking with parents, especially if there are concerns about a child’s development and/or the need for a referral.

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<thead>
<tr>
<th>Topic:</th>
<th>2 hours, Community</th>
<th>Date:</th>
<th>Monday, February 11</th>
<th>Time:</th>
<th>6:30 p.m. — 8:30 p.m.</th>
<th>Fee:</th>
<th>$22.00; Must pre-register</th>
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**Module 3 — Health, Safety and Nutrition**

This workshop will focus on the components of emergency preparedness, menu planning, and on health and safety concerns when caring for young children.

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<tr>
<th>Topic:</th>
<th>4 hours Health, Safety, &amp; Nutrition</th>
<th>Date:</th>
<th>Thursday, February 14</th>
<th>Time:</th>
<th>9:00 a.m. — 1:00 p.m.</th>
<th>Fee:</th>
<th>$30/ or $160 for all six modules;</th>
<th>Must pre-register</th>
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**Math and Science Board Books for Babies**

Infants and toddlers are naturally curious about the world around them. They can begin to develop an understanding of pre-math and pre-science skills with the help of board books.

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<tr>
<th>Topic:</th>
<th>3 hours, Curriculum</th>
<th>Date:</th>
<th>Wednesday, February 20</th>
<th>Time:</th>
<th>6:15 p.m. — 9:15 p.m.</th>
<th>Fee:</th>
<th>$25.00; Must pre-register</th>
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**Engaging Indoor Activities for Inclement Weather (NEW!)**

Has the cold weather got you down? Are you tired of doing the same old activities with the children in your care? Come to this workshop and learn some new and engaging indoor activities for children of all ages.

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<th>Topic:</th>
<th>3 hours, Curriculum</th>
<th>Date:</th>
<th>Saturday, February 23</th>
<th>Time:</th>
<th>9:00 a.m. — 12:00 p.m.</th>
<th>Fee:</th>
<th>$25; Must pre-register</th>
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**Including all Children and the Americans with Disabilities Act (All)**

This course fulfills the MSDE/OCC training requirement.

This course provides an understanding of the Americans with Disabilities Act (ADA) as well as an understanding of inclusionary practices based on national standards and best practices in early childhood education. Strategies for including all children in an early childhood setting will be explored and local, state and national resources will be shared. It is important to remember that this course is required training.

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<tr>
<th>Topic:</th>
<th>3 hours Special Needs</th>
<th>Date:</th>
<th>Monday, February 25</th>
<th>Time:</th>
<th>6:15 pm — 9:15pm</th>
<th>Fee:</th>
<th>$25; Must pre-register</th>
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**Basic Health and Safety**

This class satisfies the new MSDE training requirement.

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

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<tr>
<th>Topic:</th>
<th>3 hours Health, Safety, &amp; Nutrition</th>
<th>Date:</th>
<th>Wednesday, February 27</th>
<th>Time:</th>
<th>6:15 p.m. — 9:15 p.m.</th>
<th>Fee:</th>
<th>$25; Must pre-register</th>
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**Sudden Infant Death Syndrome**

Presenter will share the knowledge that has been gained by research into SIDS and what can be done to lower the risk of sudden death of infants in your care.

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<tr>
<th>Topic:</th>
<th>3 hours Special Needs</th>
<th>Date:</th>
<th>Thursday, February 28</th>
<th>Time:</th>
<th>9:00 a.m. — 1:00 p.m.</th>
<th>Fee:</th>
<th>$30/ or $160 for all six modules;</th>
<th>Must pre-register</th>
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**Hazard Reduction:**

This class will be held at the Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

**Family Child Care Pre-service Module 4 — Special Needs**

This workshop will cover basic information regarding inclusive child care; the ADA requirements; and health, behavioral, and developmental issues and concerns.

| Topic: | 4 hours Special Needs | Date: | Thursday, February 28 | Time: | 6:30 p.m. — 8:30 p.m. | Fee: | $22; Must pre-register |
|--------|-----------------------|-------|----------------------|-------|------------------------|------|-----------------------------|------------------|

**Basic Health and Safety**

This class satisfies the new MSDE training requirement.

In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

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<th>Wednesday, February 27</th>
<th>Time:</th>
<th>6:15 p.m. — 9:15 p.m.</th>
<th>Fee:</th>
<th>$25; Must pre-register</th>
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**Risk Reduction: Sudden Infant Death Syndrome**

Presenter will share the knowledge that has been gained by research into SIDS and what can be done to lower the risk of sudden death of infants in your care.

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<th>Topic:</th>
<th>3 hours Special Needs</th>
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<th>Thursday, February 28</th>
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<th>9:00 a.m. — 1:00 p.m.</th>
<th>Fee:</th>
<th>$30/ or $160 for all six modules;</th>
<th>Must pre-register</th>
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**Sudden Infant Death Syndrome**

Presenter will share the knowledge that has been gained by research into SIDS and what can be done to lower the risk of sudden death of infants in your care.

| Topic: | 3 hours Special Needs | Date: | Thursday, February 28 | Time: | 6:30 p.m. — 8:30 p.m. | Fee: | $22; Must pre-register |
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**Risk Reduction:**

This class will be held at the Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

**Family Child Care Pre-service Module 5 — Inclusion**

This class will cover best practices in early childhood education, as well as an understanding of inclusionary practices based on national standards and best practices in early childhood education. Strategies for including all children in an early childhood setting will be explored and local, state and national resources will be shared. It is important to remember that this course is required training.

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<th>Topic:</th>
<th>3 hours Special Needs</th>
<th>Date:</th>
<th>Monday, February 25</th>
<th>Time:</th>
<th>6:15 pm — 9:15pm</th>
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<th>$25; Must pre-register</th>
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**Including all Children and the Americans with Disabilities Act (All)**

This course fulfills the MSDE/OCC training requirement.

This course provides an understanding of the Americans with Disabilities Act (ADA) as well as an understanding of inclusionary practices based on national standards and best practices in early childhood education. Strategies for including all children in an early childhood setting will be explored and local, state and national resources will be shared. It is important to remember that this course is required training.

| Topic: | 3 hours Special Needs | Date: | Monday, February 25 | Time: | 6:15 pm — 9:15pm | Fee: | $25; Must pre-register |
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**Hazard Reduction: Sudden Infant Death Syndrome**

Presenter will share the knowledge that has been gained by research into SIDS and what can be done to lower the risk of sudden death of infants in your care.

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<td>6 How to Expertly Navigate Conflict in the Workplace (NEW)</td>
<td>7 FCCP: Professionalism</td>
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<td>9 Medication Administration</td>
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<td>23 Creating Culturally Rich Environments with Loose Parts (NEW)</td>
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<td>27 Encouraging Imaginative Play</td>
<td>28 ADHD 1: Learning and Basics (NEW)</td>
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To register, fill out the enclosed form or go to www.bcccrc.org to register online.
How to Expertly Navigate Conflict in the Workplace (NEW!) Whenever and wherever there are two or more people, conflict is inevitable. Learn how to identify the causes of conflict and to expertly navigate it so that your workplace is more harmonious and productive.

**Topic:** 3 hours, Professionalism  
**Date:** Wednesday, March 6  
**Time:** 6:15 p.m. — 9:15 p.m.  
**Fee:** $25.00; Must pre-register

Family Child Care Pre-service Module 5 — Professionalism This workshop will give participants the opportunity to explore and understand the importance of specific concepts and practices that will lay the foundation for a successful program including: supervision, abuse & neglect, appropriate guidance, record keeping, marketing, contracts, policies & procedures, and developing handbooks.

**Topic:** 4 hours Professionalism  
**Date:** Thursday, March 7  
**Time:** 9:00 a.m. — 1:00 p.m.  
**Fee:** $30/ or $160 for all six modules; Must pre-register

Medication Administration (All) In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infant, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

**Topic:** 6 hours Health, Safety & Nutrition  
**Date:** Saturday, March 9  
**Time:** 9:00 a.m. — 3:30 p.m.  
**(Bring bag lunch)**  
**Fee:** $60; Must pre-register  
**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

Emergency Preparedness — Project Security Blanket (All) This statewide training was developed by a team of experts from Chesapeake College on the Eastern Shore and meets the OCC required training. In this workshop discussion will center on how to be prepared for any and all emergencies. Participants will prepare a written emergency plan for their program that goes beyond the basic licensing requirements and develop an understanding of the importance of following this plan.

**Topic:** 6 hours Health, Safety & Nutrition  
**Date:** Saturday, March 9  
**Time:** 9:00 a.m.-3:30 p.m.  
**Fee:** $20; Must pre-register

Transition Techniques Children move from one activity to another many times a day. This may cause some children to experience confusion or frustration which in turn can lead to challenging behaviors. Participants in this workshop will identify developmentally appropriate strategies to decrease wait time for children as well as determine supports, cues and other techniques that will ensure smooth transitions.

**Topic:** 3 hours, Child Development  
**Date:** Monday, March 11  
**Time:** 6:15 p.m. — 9:15 p.m.  
**Fee:** $25.00; Must pre-register  
**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

More than Twinkle, Twinkle: Using Music with Infants and Toddlers This workshop explores the many ways in which music and movement for infants and toddlers can be incorporated into classroom as well as individualizing music and movement to meet the needs of individual children in your program.

**Topic:** 3 hours, Curriculum  
**Date:** Wednesday, March 13  
**Time:** 6:15 p.m. — 9:15 p.m.  
**Fee:** $25.00; Must pre-register

Character Development in Preschool Find out who said, “Character is like a tree and reputation like its shadow.” The shadow is what we think of it; the tree is the real thing. Explore effective practices and activities that help to develop positive character traits - honesty, empathy, citizenship - in preschool-aged children.

**Topic:** 3 hours, Child Development  
**Date:** Wednesday, March 13  
**Time:** 6:15 p.m. — 9:15 p.m.  
**Fee:** $25.00; Must pre-register  
**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

Family Child Care Pre-service Module 6 — Community This workshop will focus on the importance of developing and maintaining relationships with children, families, and the larger community.

**Topic:** 4 hours Community  
**Date:** Thursday, March 14  
**Time:** 9:00 a.m. — 1:00 p.m.  
**Fee:** $30/ or $160 for all six modules; Must pre-register

What Happened to My World? This workshop is for anyone working with children and families who are trying to make sense of a world where our sense of safety and security can disappear in an instant. It is designed to help adults communicate and respond effectively to children and understand their fears, their grief, and their struggles to understand why their world is suddenly not as secure.

**Topic:** 2 hours, Community  
**Date:** Monday, March 18  
**Time:** 6:30 p.m. — 8:30 p.m.  
**Fee:** $22.00; Must pre-register

Creating Culturally Rich Environments with Loose Parts (NEW!) In this workshop we will explore how to create a learning environment filled with loose parts that encourages exploration of their local culture and its people is an important component of early education.

**Topic:** 3 hours, Child Development  
**Date:** Saturday, March 23  
**Time:** 9:00 a.m. — 12:00 p.m.  
**Fee:** $25.00; Must pre-register

Supporting Breastfeeding in Child Care This class fulfills the MSDE/OCC requirement for all providers who care for infants and toddlers. This class will focus on the new requirements and procedures for supporting the needs of families within the child care setting.

**Topic:** 1 hour Continuing Education  
**Date:** Monday, March 25  
**Time:** 6:15 p.m. — 7:15 p.m.  
**Fee:** $10; Must pre-register

Encouraging Imaginative Play This training is designed to help participants understand the importance of imaginative play in children’s development and how providing recycled and open-ended materials opens the doors of imagination and promotes executive function and higher level thinking skills in young children. Through small and large group activities and discussions participants will identify relevant, responsive, and reflective strategies to spark creativity in the young child’s environment.

**Topic:** 3 hours, Child Development  
**Date:** Wednesday, March 27  
**Time:** 6:15 p.m. — 9:15 p.m.  
**Fee:** $25.00; Must pre-register  
**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215

ADHD I: Learning the Basics (NEW!) This workshop will introduce participants to what Attention Deficit Hyperactivity Disorder (ADHD) really is and dispel the myths associated with the disorder. Participants will learn about possible red flags, how ADHD is diagnosed, what the latest research indicates about children with ADHD, and general teaching strategies that assist with teaching a child who has ADHD.

**Topic:** 3 hours, Special Needs  
**Date:** Thursday, March 28  
**Time:** 6:15 p.m. — 9:15 p.m.  
**Fee:** $25.00; Must pre-register
**Baltimore City Child Care Resource Center**

**April 2019**

**Workshop Training Sessions**

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<td>Know, Love, Teach Infants and Toddlers, Module 2</td>
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To register, fill out the enclosed form or go to [www.bcccrc.org](http://www.bcccrc.org) to register online.
Training Descriptions
April 2019

Basic Health and Safety
This class satisfies the new MSDE training requirement.
In order to be in compliance with the regulations set forth by the Federal Child Care Development Block Grant all individuals working in child care must complete this course. The Basic Health and Safety Training will cover ten specific topic areas as identified by the CCDBG regulations.

<Date: Wednesday, April 3>
<Time: 6:15 p.m. — 9:15 p.m.>
<Fee: $25; Must pre-register>

Incorporating All Children and the Americans with Disabilities Act (All)
This course fulfills the MSDE/OCC training requirement.
This course provides an understanding of the Americans with Disabilities Act (ADA) as well as an understanding of inclusionary practices based on national standards and best practices in early childhood education. Strategies for including all children in an early childhood setting will be explored and local, state and national resources will be shared. It is important to remember that this course is required training.

<Date: Monday, April 8>
<Time: 6:15 pm — 9:15pm>
<Fee: $25; Must pre-register>
<IMPORTANT: This class will be held at the Baltimore Infant and Toddlers Building, 3002 Druid Park Drive, Baltimore, MD 21215>

Living the Protective Factors: Taking Care of Yourself
Early care and education is a rewarding but very demanding profession that often leaves professionals feeling exhausted and overwhelmed. In this workshop we will explore how to use protective factors to build resilience and enhance relationships that will help you feel less stressed and more fulfilled.

<Date: Wednesday, April 10>
<Time: 6:15 p.m. — 9:15 p.m.>
<Fee: $25; Must pre-register>
<IMPORTANT: This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215>

Know, Love, Teach Infants and Toddlers, Modules 1 & 2
These modules are adapted from the Social and Emotional Foundations for Early Learning (SEFEL) infant and toddler training modules. This training will prepare caregivers of infants and toddlers in the social emotional domain by embedding practices into already established schedules and routines.

<Date: April 13 and April 27>
<Time: 9:30 a.m. — 4:00 p.m.>
<Fee: $30 for 12 hours of training; Must pre-register>

Medication Administration (All)
In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infants, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

<Date: Saturday, April 13>
<Time: 9:00 a.m. — 3:30 p.m.>
<Bring bag lunch>
<Fee: $60; Must pre-register>
<IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.>

Making Contracts and Policies Work for Your Family Child Care (NEW!)
Effective well written contracts and policies help family child care providers have better communication with clients and reduce the chances of contract or policy disputes. You will learn essential elements of effective contracts and policies, how to create a “business-like” environment and tips for contract negotiation and successful contract termination techniques.

<Date: Monday, April 15>
<Time: 6:15 p.m. — 9:15 p.m.>
<Fee: $25; Must pre-register>
<IMPORTANT: This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.>

Risk Reduction: Sudden Infant Death Syndrome
Presenter will share the knowledge that has been gained by research into SIDS and what can be done to lower the risk of sudden death of infants in your care.

<Date: Tuesday, April 23>
<Time: 6:30 p.m. — 8:30 p.m.>
<Fee: $22; Must pre-register>

Fun with Found Materials
Time for spring cleaning! Do you have a collection of “stuff” that you are not sure what you could create with it? In this workshop, we will explore how to use found materials in a creative way and engage young children in the process.

<Date: Wednesday, April 24>
<Time: 6:15 p.m. — 9:15 p.m.>
<Fee: $25; Must pre-register>
Important Registration Policies

When registering for training classes at BCCRC please remember the following:

- Pre-registration is required. Registration and payment must be received three days in advance of the training.
- Registration fees are non-refundable. With 24-hour prior notice you may transfer to another class or receive a credit for a future training class, except for Medication Administration.
- Registration is on a first come, first served basis. If your registration is received after a workshop has reached capacity you will be notified immediately and your payment will be returned.
- A confirmation letter will be sent for all classes — please read your letter carefully. You will not receive reminder cards for each class.
- Payment can be made by check, money order or credit card. No cash please.
- Presence at the entire workshop constitutes attendance. Out of respect for our trainers and all of those in attendance, no one will be admitted to a training session that has been in progress for fifteen minutes or more.
- Workshops are for adults only. Please make child care arrangements in advance — children will not be admitted to a training class.
- Reasonable accommodations are offered, if needed. Please call the Resource Center one week in advance to request accommodations.
- In case of inclement weather, workshops held on a weeknight will be cancelled if the Baltimore County Public Schools are closed on that day. On weekends, call the Resource Center and listen to the message regarding Saturday classes.

TO REGISTER FOR CLASSES:

- Complete a registration form and keep a copy for your records. Only those registrations received on a registration form will be accepted.
- Mail or deliver the completed form and payment to BCCRC.
- Register with a credit card online at www.bcccrc.org.
- Remember — registrations must be received at BCCRC three days prior to the scheduled training.