



VOLUME 13 • ISSUE 38 • SUMMER 2016

# News

BALTIMORE CITY CHILD CARE RESOURCE CENTER

## Early Care and Education in the Twenty-first Century



Exploring Maryland EXCELS with BCCRC trainer Jennifer Lentz.

In many conversations that take place with early care providers there is one theme that continues to rise to the surface and that is the growing concern over the many expectations that have been placed on professionals in the early childhood field in recent years. Many professionals feel that the increased expectations, and sometimes demands, have come with little incentive for those doing the work and little understanding of the complex issues that early care providers face each day. While there is some truth in this, it is important

to not lose touch with the broader truth – just like all professions early care and education continues to evolve.

With these conversations in mind I reviewed BCCRC Newsletters from the early days in 1991 to the year 2000. Twenty-five years ago when BCCRC opened the doors of the Resource Center for the first time the emphasis was clearly on safety and activities to keep little ones busy during the time spent in “day care”. There is no mention of early education, school readiness, brain development, or quality improvement systems. But like all professions, early care and education is dynamic and ever changing. In the early part of the twenty-first century researchers began publishing papers on brain science and the important new discoveries in the growth and development of the human brain from conception through the first five years of life. This new information gave new importance to early care and education and a new understanding of the opportunity to impact the growth and development of the young child.

Being part of a dynamic profession requires the ability not only to accept new information but to embrace it. The valid information on brain development did lift expectations for early care and education

and rightly so. The expression “the first five years last forever” became not so much a slogan as a battle cry to call attention to the importance of early care and education and to challenge professionals working in the field. New initiatives, such as Maryland EXCELS or the Maryland Child Care Credential, have become part of the fabric  
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# News

## Early Care and Education in the Twenty-first Century

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of the profession. Intentional professional development that leads to increased knowledge and understanding of young children and the profession is the standard. No longer are days filled with “things to keep children busy” but programs that are intentionally planned and thoughtful. This is what early care and education looks like in the twenty-first century and we continue to evolve.

Coming later this year will be the opportunity for early care and education professionals to take the Early Learning Assessment training. This is the formative assessment developed by MSDE for use by professionals caring for children ages 3 to 6. BCCCRC will begin to offer the training in September. We will continue to work with you to be ready to begin developmental screenings in 2017 and we are always available to provide technical assistance to you for all early care and education issues. Together we will meet the challenges of the profession with enthusiasm and integrity – just what our city’s young children deserve.

## Great Opportunity for Children and Families



The Governor’s Office for Children and Youth in partnership with the Family League of Baltimore City announces the Governor’s Young Readers program. By registering Baltimore families into this free program, children from infancy to age 5 will receive one new book each month delivered to their door in the mail. This is a great opportunity to get quality, age appropriate literacy materials into the hands of children and families throughout the city.

Please spread the word. Families can register individually, or be registered by their early care and education program. For further information and to register visit: [www.bmoregetabook.org](http://www.bmoregetabook.org)

## Mark your calendars! The 2016 Campaign is set for May 1 – 7, 2016!

The week of May 1 – 7, 2016, is designated as Children’s Mental Health Awareness Week in Maryland. The Maryland Coalition of Families for Children’s Mental Health and the Mental Health Association of Maryland are co-sponsors of the annual Children’s Mental Health Matters! Campaign which is designed to bring awareness to the importance of children’s mental health. Visit the campaign’s web site at [www.childrensmentalhealthmatters.org](http://www.childrensmentalhealthmatters.org) and consider becoming a partner in the campaign. Let us work together to promote the understanding and importance of children’s mental health.

## Reminder...MSDE/OCC Required Training

The following classes are required by MSDE: Office of Child Care:

- All registered family child care providers will need to complete the Medication Administration class.
- All licensed child care center staff and registered family child care providers will need to complete the following classes:
  - **Including All Children and the Americans with Disabilities Act**
  - **On Track: All Aboard for Developmental Progress Overview**
- All licensed child care center staff and registered family child care providers who care for infants in their programs will need to complete: Supporting Breast Feeding in Child Care

All classes will be offered multiple times throughout the summer. Check the calendar pages for dates and times.

### Important Telephone Numbers

**Baltimore City Child Care Resource Center**  
 Main Number.....410-685-5150  
 LOCATE: Child Care (toll free).....1-877-261-0060  
 FAX.....410-685-2100

**Other Agencies**  
 Office of Child Care – Region II.....410-554-8300  
 MD State Department of Education.....410-767-0100  
 Office of Child Care: Credential Branch.....410-767-7852  
 MSDE Early Childhood Education Help Desk...1-877-605-1539  
 CCS Provider Helpline (toll free).....1-866-243-8796

**Department of Social Services**  
 Protective Services.....410-361-2235  
 Medical Assistance/WIC.....410-396-9427  
 Child Care Food Program.....410-767-0214  
 Maryland Family Network.....410-659-7701  
 Baltimore City Child Care Association  
   Cynthia Poindexter, President.....410-225-9494  
 Maryland State Child Care Association (MSCCA)  
   Christina Peusch, Executive Director.....410-820-9196  
 MSCCA Local Chapter  
 City Society of Early Education and Child Care (CSECC)  
   Jennifer Dorsey, President.....443-835-0738  
 Family Child Care Provider’s Association, Inc.,  
 of Baltimore City  
   Florice Freeman, President.....410-233-2939  
   Bernice Diggs, Director to MSFCCA.....410-325-1227



## STEM in a Backpack: Teaching Science, Technology, Engineering, and Math in the Great Outdoors

Through a generous grant from the W.R. Grace Foundation, BCCRC's Sue Penix has developed an outdoor STEM education project. Currently, fifteen participants are visiting three parks in Baltimore City (Clyburn, Herring Run and Gwynns Falls) where Sue is teaching the participants how to incorporate STEM activities and learning using the great outdoors as the classroom.



*Learning observation techniques at Clyburn Park.*

## Save the date:

The 7th Annual Sandra J. Skolnik Lecture on Early Childhood Education and Advocacy will be held on Monday, November 14th from 4:30 – 6:00 PM. This year Maryland Family Network will welcome Dr. Robert D. Putnam, the Peter and Isabel Malkin Professor of Public Policy at Harvard University. He is a member of the National Academy of Sciences and the British Academy, and past president of the American Political Science Association. He has received numerous scholarly honors, including the Skytte Prize, the most prestigious global award in political science, and the National Humanities Medal, the nation's highest honor for contributions to the humanities. Dr. Putnam has authored numerous books including *Bowling Alone: America's Declining Social Capital* and *Our Kids: The American Dream in Crisis*. The lecture will be held at Johns Hopkins University's Bloomberg School of Public Health. This event is free but registration is required. Registration information can be found at [www.marylandfamilynetwork.org](http://www.marylandfamilynetwork.org)

## NAEYC 2016 Professional Development Institute

Look what's coming to Baltimore this summer! An amazing opportunity to attend an excellent national conference right here in our city. For additional information and registration go to [www.naeyc.org](http://www.naeyc.org).

## Baltimore Farmers Markets

Looking for fresh, healthy, locally grown food? Look to the Baltimore City Farmer's Markets where from spring to late fall, you'll find scores of market sites dotted throughout the city selling fresh produce.

From the small, locally-owned stands to the large and lively markets with rows of growers and extensive selections, "good eats" are always just around the corner at a Baltimore farmers market. When it comes to fresh and locally made and sourced food, a farmers market in Baltimore is the place to go to locate some fabulous food finds for child care programs.

**For more information visit:**

<http://baltimore.org/article/baltimore-farmers-markets>

### Pratt Street Farmers Market

Corner of Pratt and Light Streets - Thursdays, June through September

### Waverly Farmers Market

East 32nd Street and Barclay Streets - Saturdays, year round

### Fell's Point Farmers Market

Broadway and Thames Streets - Saturdays, May 12th through November 17th

### Baltimore Farmers Market and Bazaar

Holliday and Saratoga Streets - Sundays, April through December

### Baltimore Museum of Industry Farmers Market

BMI Parking Lot, 1415 Key Highway - Saturdays, May through October

### Highlandtown Farmers Market

400 block of Conkling Street - Thursdays, June through October, 4 to 8 p.m.

### Druid Hill Farmers Market

3100 Swann Drive - Wednesdays, June through September

## Certificate of Appreciation

*In honor of*

**Child Care Provider Appreciation Day  
Baltimore City Child Care Resource Center**

invites you to use this certificate and receive a \$5.00 discount when you register for a workshop in this current calendar. Deduct \$5.00 from the registration fee, clip this certificate and mail it in with your payment and registration form.

*Thank you for your dedication to the children and families of Baltimore City.*

May 2016

# May 2016

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7 Medication Administration
8	9	10	11 Supporting Breastfeeding in Child Care	12	13	14 Taking Learning Outside
15	16 Talk to Me, Listen to Me, Read to Me	17	18 On Track: All Aboard for Developmental Progress	19 Yoga and Mindfulness for Adults and Children	20	21 Family Child Care Pre-Service; Module 1 Emergency Preparedness
22	23 Including All Children and the ADA	24	25 Learning by Observing	26	27	28
29	30	31				

To register, fill out the enclosed form or call 410-685-5150.



1001 Eastern Avenue, 2nd Floor  
Baltimore, MD 21202  
Office: 410-685-5150  
Fax: 410-685-2100

# Training Descriptions May 2016

## Medication Administration (All)

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infants, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

*Topic:* 6 hours Health, Safety and Nutrition

*Date:* Saturday, May 7

*Time:* 9:00 a.m. – 3:30 p.m.  
(Bring bag lunch)

*Fee:* \$50; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

## Supporting Breast Feeding in Child Care

*This class fulfills the MSDE/OCC requirement for all providers who care for infants and toddlers.*

This one-hour class will focus on the new requirements and procedures for supporting the needs of families within the child care setting. The class will be offered at two consecutive times to optimize the number of providers who can complete the training. You only register for one time slot and attend for only one hour.

*Date:* Wednesday, May 11

*Time:* 6:30 p.m. – 7:30 p.m.;  
OR 7:30 p.m. – 8:30 p.m.

*Fee:* \$10; Must pre-register

## Taking Learning Outside

The outdoors provides an entire new learning environment for young children. Come to this workshop and discover the many ways to extend and enhance the learning experience in the great outdoors.

*Topic:* 3 hours Curriculum

*Date:* Saturday, May 14

*Time:* 9:30 a.m. – 12:30 p.m.

*Fee:* \$20

Register for this class and the class on July 7 and pay \$30 for both.

## Talk to Me, Listen to Me, Read to Me

In this workshop we will explore how language and literacy develops in young children, how we can support this development, and how we can empower families to enhance their participation in this process.

*Topic:* 3 hours Child Development

*Date:* Monday, May 16

*Time:* 6:15 p.m. – 9:15 p.m.

*Fee:* \$20; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

## On Track: All Aboard for Developmental Progress

### Overview (All)

*This course fulfills the MSDE/OCC training requirement.*

This four-hour training is designed as an overview of developmental screening and its benefits. An explanation of the developmental screening MSDE/OCC regulation will be presented as well as strategies for effective communication with families and referral processes. The training will assist with the identification of developmental screening tools, appropriate collection of information and the purpose of on-going screening for children.

*Topic:* 2 hours Professionalism  
2 hours Child Development

*Date:* Wednesday, May 18

*Time:* 6:00 p.m. – 10:00 p.m.

*Fee:* \$30; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215.

## Yoga and Mindfulness for Adults and Children

Research is showing that introducing young children to mindfulness activities and yoga activities helps children to focus, be calm and recognize their emotions. Come to this workshop and learn strategies to integrate yoga and mindfulness activities into your program to meet the developmental needs of the children.

*Topic:* 3 hours Curriculum

*Date:* Thursday, May 19

*Time:* 6:15 p.m. – 9:15 p.m.

*Fee:* \$20; Must pre-register

## Family Child Care Pre-service Module 1 – Child Development

This workshop will cover basic child development concepts including: stages of child growth and development; an overview of leading child development theorists; and an overview of learning differences.

*Topic:* 4 hours Child Development

*Date:* Saturday, May 21

*Time:* 9:00 a.m. – 1:00 p.m.

*Fee:* \$25/ or \$130 for all six modules;  
Must pre-register

## Emergency Preparedness – Project Security Blanket (All)

This statewide training was developed by a team of experts from Chesapeake College on the Eastern Shore and meets the OCC required training. In this workshop discussion will center on how to be prepared for any and all emergencies. Participants will prepare a written emergency plan for their program that goes beyond the basic licensing requirements and develop an understanding of the importance of following this plan.

*Topic:* 6 hours Health, Safety & Nutrition

*Date:* Saturday, May 21

*Time:* 9:00 a.m. – 3:30 p.m.

*Fee:* \$20.00; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

## Including All Children and the Americans with Disabilities Act (All)

*This course fulfills the MSDE/OCC training requirement.*

This course provides an understanding of the Americans with Disabilities Act (ADA) as well as an understanding of inclusionary practices based on national standards and best practices in early childhood education. Strategies for including all children in an early childhood setting will be explored and local, state and national resources will be shared. It is important to remember that this course is required training.

*Topic:* 3 hours Special Needs

*Date:* Monday, May 23

*Time:* 6:15 p.m. – 9:15 p.m.

*Fee:* \$20; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

## Learning by Observing

Through the carefully planned observation of young children in your care you can learn a great deal about their development, interests, strengths and weaknesses. In this workshop we will explore the reasons to do observations, different observation styles, and learn how to incorporate observations into your daily activities.

*Topic:* 3 hours Child Development

*Date:* Wednesday, May 25

*Time:* 6:15 p.m. – 9:15 p.m.

*Fee:* \$20; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215.

# June 2016

## June 2016

### WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4 Medication Administration Family Child Care Pre-service: Module 2
5	6 SIDS	7	8	9	10	11 SEFEL Combination Overview Infant, Toddler & Preschool — Relationships, Routines, & Environments
12	13 Including All Children and the ADA	14	15 Supporting Breastfeeding in Child Care	16	17	18 Family Child Care Pre-Service: Module 3 Holding Parent Conferences
19	20	21 Building Your Resiliency	22 Nutrition and Active Learning	23	24	25 SEFEL Combination Overview Infant, Toddler & Preschool — Teaching Strategies
26	27 Introduction to the ASQ-3 and the ASQ On-line	28	29 Positive Guidance	30 Ages and Stages for School Age Children		

To register, fill out the enclosed form or call 410-685-5150.



1001 Eastern Avenue, 2nd Floor  
Baltimore, MD 21202  
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Fax: 410-685-2100

# Training Descriptions

## June 2016

### Medication Administration (All)

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infants, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

*Topic:* 6 hours Health, Safety and Nutrition  
*Date:* Saturday, June 4  
*Time:* 9:00 a.m. – 3:30 p.m. (Bring bag lunch)  
*Fee:* \$50; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

### Family Child Care Pre-service Module 2 – Curriculum

Through this workshop participants will develop a better understanding of the components of a family child care curriculum; how to create a developmentally appropriate curriculum for family child care; and how to plan and design the family child care environment.

*Topic:* 4 hours Curriculum  
*Date:* Saturday, June 4  
*Time:* 9:00 a.m. – 1:00 p.m.  
*Fee:* \$25/ or \$130 for all six modules; Must pre-register

### Risk Reduction: Sudden Infant Death Syndrome (SIDS) (All)

Presenter will share the knowledge that has been gained by research into SIDS and what can be done to lower the risk of sudden death of infants in your care.

*Date:* Monday, June 6  
*Time:* 6:30 p.m. – 8:30 p.m.  
*Fee:* \$15; Must pre-register

### SEFEL Combination Overview Infant, Toddler and Preschool: Relationships, Routines, and Environments

In this workshop the following principles will be explored: 1) Intentional caregiving that supports social emotional development; 2) The importance of the environment in promoting social emotional competence; and 3) The importance of positive interactions between adults and young children in supporting the development of social literacy.

*Topic:* 3 hours Child Development  
1 hour Community  
2 hours Professionalism

*Date:* Saturday, June 11  
*Time:* 9:30 a.m. – 3:30 p.m.  
*Fee:* \$30/ or \$70 for all three SEFEL classes (June 11, June 25, July 9); Must pre-register

### Including all Children and the Americans with Disabilities Act (All)

*This course fulfills the MSDE/OCC training requirement.*

This course provides an understanding of the Americans with Disabilities Act (ADA) as well as an understanding of inclusionary practices based on national standards and best practices in early childhood education. Strategies for including all children in an early childhood setting will be explored and local, state and national resources will be shared. It is important to remember that this course is required training.

*Topic:* 3 hours Special Needs  
*Date:* Monday, June 13  
*Time:* 6:15 p.m. – 9:15 p.m.  
*Fee:* \$20; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

### Supporting Breast Feeding in Child Care

This class fulfills the MSDE/OCC requirement for all providers who care for infants and toddlers. This one-hour class will focus on the new requirements and procedures for supporting the needs of families within the child care setting. The class will be offered at two consecutive times to optimize the number of providers who can complete the training. You only register for one time slot and attend for only one hour.

*Date:* Wednesday, June 15  
*Time:* 6:30 p.m. – 7:30 p.m.;  
OR 7:30 p.m. – 8:30 p.m.  
*Fee:* \$10; Must pre-register

### Family Child Care Pre-service Module 3 – Health, Safety and Nutrition

This workshop will focus on the components of emergency preparedness, menu planning, and on health and safety concerns when caring for young children.

*Topic:* 4 hours Health, Safety, and Nutrition  
*Date:* Saturday, June 18  
*Time:* 9:00 a.m. – 1:00 p.m.  
*Fee:* \$25/ or \$130 for all six modules; Must pre-register

### Holding Parent Conferences

Good communication skills are the key to holding meaningful parent conferences. In this workshop we will explore communication strategies, both written and oral, that will set the stage for a positive conference in a professional environment.

*Topic:* 2 hours Professionalism  
*Date:* Saturday, June 18  
*Time:* 9:30 a.m. – 11:30 a.m.  
*Fee:* \$20; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

### Building Your Resiliency

In this workshop participants will learn how to improve resiliency in their personal and professional lives. By improving resiliency factors, they will be able to better cope with or recover from change, loss, adversity, and mistakes, as well as have the skills to bounce back from adverse situations.

*Topic:* 3 hours Professionalism  
*Date:* Tuesday, June 21  
*Time:* 6:15 p.m. – 9:15 p.m.  
*Fee:* \$20; Must pre-register

### Nutrition and Active Learning

Sound nutrition is extremely important for the young child's health and well being as is purposeful activity. In this workshop principles of good nutrition and ideas for getting children up and moving will be shared.

*Topic:* 3 hours Health, Safety, and Nutrition  
*Date:* Wednesday, June 22  
*Time:* 6:15 p.m. – 9:15 p.m.  
*Fee:* \$20; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215.

### SEFEL Combination Overview Infant, Toddler and Preschool: Teaching Strategies

In this workshop we will explore social emotional development as a basis for all learning. Practical strategies for promoting social emotional competence will be shared.

*Topic:* 3 hours Child Development  
1 hour Community  
2 hours Curriculum  
*Date:* Saturday, June 25  
*Time:* 9:30 a.m. – 3:30 p.m.  
*Fee:* \$30/ or \$70 for all three SEFEL classes (June 11, June 25, July 9); Must pre-register

### An Introduction to the ASQ3 and ASQ On line

In this workshop you will learn about the features of the ASQ- and ASQ Online, including administration, scoring, referrals, and communicating results with families. Participants will identify the differences between different types of assessments and screening tools, including the limitations and benefits of each. Participants will discuss cultural considerations in the administration of the questionnaires, as well as in communicating results with families.

*Topic:* 3 hours Community  
*Date:* Monday, June 27  
*Time:* 6:15 p.m. – 9:15 p.m.  
*Fee:* \$20; Must pre-register

**IMPORTANT:** This class will be held at Julie Community Center, 100 S. Washington Street, Baltimore, MD 21231.

### Positive Guidance

In this workshop strategies to approach behavior in a positive way will be shared, as well as strategies to help a child develop appropriate and positive coping skills.

*Topic:* 3 hours Child Development  
*Date:* Wednesday, June 29  
*Time:* 6:15 p.m. – 9:15 p.m.  
*Fee:* \$20; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215.

### Ages and Stages for School Age Children

In this workshop we will explore the developmental stages of school age children and share meaningful activities to engage the children in your programs

*Topic:* 3 hours Child Development  
*Date:* Thursday, June 30  
*Time:* 6:15 p.m. – 9:15 p.m.  
*Fee:* \$20; Must pre-register

# July 2016

# July 2016

## WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7 Growing Up Wild	8	9 SEFEL Combination Overview Infant, Toddler & Preschool — Individual Interventions
10	11 Building Your Parenting Handbook	12 On Track: All Aboard for Developmental Screening Overview, Pt. 1	13	14	15	16 Medication Administration  Family Child Care Pre-service: Module 4
17	18 Early Childhood STEM	19	20	21 Including All Children and the ADA	22	23 Living the Protective Factors: Taking Care of Yourself
24	25	26 On Track: All Aboard for Developmental Screening Overview, Pt. 2	27	28	29	30 Family Child Care Pre-service: Module 5
31						

To register, fill out the enclosed form or call 410-685-5150.



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Baltimore, MD 21202  
Office: 410-685-5150  
Fax: 410-685-2100

# Training Descriptions July 2016

## Growing Up Wild

In this workshop, presented by a naturalist from the Maryland State Department of Natural Resources, participants will learn how to connect children to nature through 27 hands-on, developmentally appropriate activities. Throughout the workshop, participants will learn how to teach about wildlife through elements of art, nature, music, movement, math and literacy. All participants who complete the workshop will receive the "Growing Up WILD" Guide.

*Topic:* 3 hours Curriculum

*Date:* Thursday, July 7

*Time:* 6:15 p.m. – 9:15 p.m.

*Fee:* \$20; Must pre-register.

**IMPORTANT:** Register for this class and the class on May 14 and pay \$30 for both.

## SEFEL Combination Overview Infant, Toddler and Preschool: Individual Interventions

This workshop will explore the steps that need to be taken when a child is in need of intervention planning to meet behavioral and/or developmental needs.

*Topic:* 6 hours Special Needs

*Date:* Saturday, July 9

*Time:* 9:30 a.m. – 3:30 p.m.

*Fee:* \$30/ or \$70 for all three SEFEL classes (June 11, June 25, July 9);

Must pre-register

## Building Your Parent Handbook

This workshop is designed to assist programs in meeting the Maryland EXCELS standard. We will review the components of a parent handbook and contract and work together to either create a new document or revise a current one. You may bring a lap top and flash drive to make modifications right in the class.

*Topic:* 3 hours Professionalism

*Date:* Monday, July 11

*Time:* 6:15 p.m. – 9:15 p.m.

*Fee:* \$20; Must pre-register.

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

## On Track: All Aboard for Developmental Progress Overview (All)

*This course fulfills the MSDE/OCC training requirement.*

This four-hour training is designed as an overview of developmental screening and its benefits. An explanation of the developmental screening MSDE/OCC regulation will be presented as well as strategies for effective communication with families and referral processes. The training will assist with the identification of developmental screening tools, appropriate collection of information and the purpose of on-going screening for children.

*Topic:* 2 hours Professionalism

*2 hours Child Development*

*Date:* Tuesday, July 12 and Tuesday, July 26

Must register for both dates

*Time:* 6:30 p.m. – 8:30 p.m.

*Fee:* \$30; Must pre-register

## Medication Administration (All)

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infants, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

*Topic:* 6 hours Health, Safety and Nutrition

*Date:* Saturday, July 16

*Time:* 9:00 a.m. – 3:30 p.m. (Bring bag lunch)

*Fee:* \$50; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

## Family Child Care Pre-service Module 4 – Special Needs

This workshop will cover basic information regarding inclusive child care; the ADA requirements; and health, behavioral, and developmental issues and concerns.

*Topic:* 4 hours Special Needs

*Date:* Saturday, July 16

*Time:* 9:00 a.m. – 1:00 p.m.

*Fee:* \$25/ or \$130 for all six modules; Must pre-register

## Early Childhood STEM

In this workshop STEM (Science, Technology, Engineering and Math) theory and activities will be shared. Come and learn new techniques to engage children in creative thinking and problem solving which leads to school success.

*Topic:* 3 hours Curriculum

*Date:* Monday, July 18

*Time:* 6:15 p.m. – 9:15 p.m.

*Fee:* \$20; Must pre-register.

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

## Including all Children and the Americans with Disabilities Act (All)

*This course fulfills the MSDE/OCC training requirement.*

This course provides an understanding of the Americans with Disabilities Act (ADA) as well as an understanding of inclusionary practices based on national standards and best practices in early childhood education. Strategies for including all children in an early childhood setting will be explored and local, state and national resources will be shared. It is important to remember that this course is required training.

*Topic:* 3 hours Special Needs

*Date:* Thursday, July 21

*Time:* 6:15 p.m. – 9:15 p.m.

*Fee:* \$20; Must pre-register

## Living the Protective Factors: Taking Care of Yourself

Child care is a rewarding but very demanding profession that often leave caregivers feeling exhausted and overwhelmed. In this workshop we will explore how to use protective factors to build resilience and enhance relationships and support that will help you to feel less stressed and more fulfilled.

*Topic:* 3 hours Professionalism

*Date:* Saturday, July 16

*Time:* 9:30 a.m. – 12:30 p.m.

*Fee:* \$20; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

## Family Child Care Pre-service Module 5 – Professionalism

This workshop will give participants the opportunity to explore and understand the importance of specific concepts and practices that will lay the foundation for a successful program including: supervision, abuse & neglect, appropriate guidance, record keeping, marketing, contracts, policies & procedures, and developing handbooks.

*Topic:* 4 hours Professionalism

*Date:* Saturday, July 30

*Time:* 9:00 a.m. – 1:00 p.m.

*Fee:* \$25/ or \$130 for all six modules; Must pre-register

# Resource Room



## Need some new ideas for summer??

Why not stop by the Resource Room at BCCRC and let your creative juices flow! You will find materials and ideas to enhance your program's environment.

Call 410-685-5150,  
ext. 258 or 269 to make  
an appointment.

# August 2016

## August 2016

### WORKSHOP TRAINING SESSIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 SIDS	3	4	5	6 Medication Administration Initial Family Child Care, Module 6
7	8 Culture, Development and Learning	9	10 Transitions in the Daily Schedule	11	12	13 Emergency Preparedness
14	15 Literacy Activities from the Mobile Learning Lab	16	17 Parents as Partners	18	19	20 Working with Mixed Age Groups
21	22	23 Exploring Themes in Early Learning	24	25 Including All Children and the ADA	26	27
28	29	30	31			

To register, fill out the enclosed form or call 410-685-5150.



1001 Eastern Avenue, 2nd Floor  
Baltimore, MD 21202  
Office: 410-685-5150  
Fax: 410-685-2100

# Training Descriptions August 2016

## **Risk Reduction: Sudden Infant Death Syndrome (SIDS) (All)**

Presenter will share the knowledge that has been gained by research into SIDS and what can be done to lower the risk of sudden death of infants in your care.

*Date:* Tuesday, August 2  
*Time:* 6:30 p.m. – 8:30 p.m.  
*Fee:* \$15; Must pre-register

## **Medication Administration (All)**

In this class, led by a Child Care Nurse Consultant, participants will learn basic information about administering medication to infants, toddlers, and pre-school children. This class fulfills the MSDE/OCC requirement.

*Topic:* 6 hours Health, Safety and Nutrition  
*Date:* Saturday, August 6  
*Time:* 9:00 a.m. – 3:30 p.m. (Bring bag lunch)  
*Fee:* \$50; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231. Bring a bag lunch.

## **Family Child Care Pre-service Module 6 – Community**

This workshop will focus on the importance of developing and maintaining relationships with children, families, and the larger community.

*Topic:* 4 hours Community  
*Date:* Saturday, August 6  
*Time:* 9:00 a.m. – 1:00 p.m.  
*Fee:* \$25 or \$130 for all six modules; Must pre-register

## **Culture, Development, and Learning**

In this workshop we will explore how identity is tied directly to culture — Children begin to develop a sense of self based on beliefs, attitudes, and behaviors that have been passed down and need to be cared for in an environment that is in harmony with their home culture.

*Topic:* 3 hours Child Development  
*Date:* Monday, August 8  
*Time:* 6:15 p.m. – 9:15 p.m.  
*Fee:* \$20; Must pre-register

**IMPORTANT:** This class will be held at Julie Community Center, 100 S. Washington Street, Baltimore, MD 21231.

## **Transitions in the Daily Schedule**

The days are just filled with transitions for children in child care...some big, some small but all important. This workshop will provide strategies for planning smooth transitions throughout the day that will strengthen your program and provide more cohesive days for the children in your care.

*Topic:* 3 hours Curriculum  
*Date:* Wednesday, August 10  
*Time:* 6:15 p.m.-9:15 p.m.  
*Fee:* \$20; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215.

## **Emergency Preparedness – Project Security Blanket (All)**

This statewide training was developed by a team of experts from Chesapeake College on the Eastern Shore and meets the OCC required training. In this workshop discussion will center on how to be prepared for any and all emergencies. Participants will prepare a written emergency plan for their program that goes beyond the basic licensing requirements and develop an understanding of the importance of following this plan.

*Topic:* 6 hours Health, Safety & Nutrition  
*Date:* Saturday, August 13  
*Time:* 9:00 a.m.-3:30 p.m.  
*Fee:* \$20.00; Must pre-register

## **Literacy Activities from the Mobile Learning Lab**

This interactive session will provide participants with ideas and strategies for using children's literature as a springboard for curriculum planning and active learning.

*Topic:* 3 hours Curriculum  
*Date:* Monday, August 15  
*Time:* 6:15 p.m.-9:15 p.m.  
*Fee:* \$20; Must pre-register

**IMPORTANT:** This class will be held at the Julie Community Center, 100 S. Washington Street, 21231.

## **Parents As Partners**

Research clearly shows the positive impact of parent involvement on children's education and yet there continues to be a problem in getting parents actively engaged in early care and education programs. In this workshop discussion will center on how to form true partnerships with parents and strategies to make this happen will be shared.

*Topic:* 3 hours Community  
*Date:* Wednesday, August 17  
*Time:* 6:15 p.m. – 9:15 p.m.  
*Fee:* \$20; Must pre-register

**IMPORTANT:** This class will be held at The Center for Jewish Education, 5708 Park Heights Avenue, Baltimore, MD 21215.

## **Working With Mixed Age Groups**

*This workshop is designed to meet the training requirement for first year family child care providers.*

Working with mixed age groups can be a wonderful, challenging experience. In this workshop you will learn techniques that will help you work with children of all ages in your family child care home.

*Topic:* 3 hours Curriculum  
*Date:* Saturday, August 20  
*Time:* 9:30 a.m. – 12:30 p.m.  
*Fee:* \$20.00; Must pre-register

## **Exploring Themes in Early Learning**

A great way to develop lesson plans is to use a theme approach. In this workshop we will look at how to plan your daily program by using meaningful themes and developmentally appropriate activities.

*Topic:* 3 hours Curriculum  
*Date:* Tuesday, August 23  
*Time:* 6:15 p.m. – 9:15 p.m.  
*Fee:* \$20; Must pre-register

## **Including All Children and the Americans with Disabilities Act (All)**

*This course fulfills the MSDE/OCC training requirement.*

This course provides an understanding of the Americans with Disabilities Act (ADA) as well as an understanding of inclusionary practices based on national standards and best practices in early childhood education. Strategies for including all children in an early childhood setting will be explored and local, state and national resources will be shared. It is important to remember that this course is required training.

*Topic:* 3 hours Special Needs  
*Date:* Thursday, August 25  
*Time:* 6:15 p.m. – 9:15 p.m.  
*Fee:* \$20.00; Must pre-register

# 25<sup>th</sup> ANNIVERSARY

celebration

## Save the Date

On Wednesday, September 14, 2016, BCCCRC will hold a 25th Anniversary Celebration at Port Discovery Children's Museum from 6:30 p.m. to 8:30 p.m. This will be an evening for the child care community to come together with Resource Center staff, both present and past, to celebrate the work that we have accomplished together to benefit young children and their families in Baltimore City. More information will be mailed out in July but save the date now!



**BALTIMORE CITY  
CHILD CARE  
RESOURCE  
CENTER**

1001 Eastern Avenue, 2nd Floor  
Baltimore, MD 21202  
410-685-5150

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For more information about any of the articles in this newsletter, call BCCRC at 410-685-5150, mention the article and we will direct your call to the BCCRC staff member who can help you.

E-mail us at:  
childcare@bccrc.org

Our mailing address is:  
BCCRC  
1001 Eastern Avenue  
2nd Floor  
Baltimore, MD 21202

Our fax number is:  
410-685-2100



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## Important Registration Policies

*When registering for training classes at BCCRC please remember the following:*

- **Pre-registration is required. Registration and payment must be received three days in advance of the training.**
- **Registration fees are non-refundable. With 24-hour prior notice you may transfer to another class or receive a credit for a future training class, except for Medication Administration, 45-hour class and 90-hour class.**
- Registration is on a first come, first served basis. If your registration is received after a workshop has reached capacity you will be notified immediately and your payment will be returned.
- A confirmation letter will be sent for all classes — please read your letter carefully. You will not receive reminder cards for each class.
- Payment can be made by check, money order or credit card. **No cash please.**
- Presence at the entire workshop constitutes attendance. Out of respect for our trainers and all of those in attendance, no one will be admitted to a training session that has been in progress for fifteen minutes or more.
- Workshops are for adults only. Please make child care arrangements in advance — children will not be admitted to a training class.
- Reasonable accommodations are offered, if needed. Please call the Resource Center one week in advance to request accommodations.
- In case of inclement weather, workshops held on a weeknight will be cancelled if the Baltimore County Public Schools are closed on that day. On weekends, call the Resource Center and listen to the message regarding Saturday classes.

### TO REGISTER FOR CLASSES:

- Complete a registration form and keep a copy for your records. Only those registrations received on a registration form will be accepted.
- Mail or deliver the completed form and payment to BCCRC.
- Register with a credit card online at [www.bccrc.org](http://www.bccrc.org).
- Remember — registrations must be received at BCCRC three days prior to the scheduled training.